

# *The Trawler*



BEGIN.

# The Trawler



## WINTER 2020

The Trawler, Founded January 1978 is published by and for the members of the Fripp Island Property Owners Association

The contents of this publication may not be reproduced in whole or in part without written permission from the publisher.

Editor | Erin Pickering

Art Director | Erin Pickering

Copy Editors | Tina Reeves, John Marsh

Graphic Design | Erin Pickering

Contributing writers | Erin Pickering, John Marsh, Rebecca Climer, Fi Sea Rescue Crew, Rick Marquart, Mike Murphy, Nancy Wingenbach, Mike Wilt, Megan Grams, Jrista Schmidt, Linda Freeman, Jason Carnes, Debbie St. John, Donna Richele, Capt. Ralph Goodison, Meghan Johnson

Photographer | Erin Pickering

*Photos for organizations are provided by each club on Fripp Island.*

## OFFICE HOURS

8:30AM - 4:30PM

## CONTACT

225 Tarpon Blvd.  
Fripp Island, SC 29920

PHONE: 843.838.4155

WEB: [frippislandliving.com](http://frippislandliving.com)

SOCIAL: @frippislandliving



Email: [contact@frippislandliving.com](mailto:contact@frippislandliving.com)

## INSIDE FIPOA

---

- 09 **NOTE FROM YOUR GM**  
John Marsh
- 09 **EMPLOYEE SPOTLIGHT**
- 10 **LETTER FROM THE EDITOR**  
Erin Pickering
- 13 **REAL ESTATE: IN THE KNOW**  
Fripp Island Real Estate
- 14 **WELCOME TO NEW HOMEOWNERS**
- 16 **CHIEF'S CORNER**  
Chief Glenn Tabasko & Security Team
- 18 **FROM THE ARB**  
Meghan Johnson, ARB Administrator

## ON THE WATER

---

- 54 **A NEW YEAR WITH MANY CHALLENGES  
BUT GOOD FISHING**  
Captain Ralph Goodison
- 56 **CAPTAIN RALPHS COOKING CORNER**  
*WINTER FROGMORE STEW*  
Captain Ralph Goodison
- 58 **FRIPP ISLAND SEA RESCUE**  
Sea Resuce Crew

## AROUND THE ISLAND

---

- 22 **A LOOK INTO THE PAST**  
Page Putnam Miller
- 26 **A FARE DAY ON THE ISLAND**  
Erin Pickering & Tina Reeves
- 28 **COMMUNITY CENTRE**  
Rebecca Climer
- 30 **NATURE'S HEALTH PROGRAM:  
THE SALT MARSH**  
Krista Schmidt, Asst. Naturalist, FIR
- 32 **NATURALLY FRIPP**  
Linda Freeman
- 34 **FRIPP AUDUBON**  
Megan Grams, FIR Naturalist
- 35 **FIR NATURLIST PROJECTS**
- 36 **OUR GOAL: IMPROVE YOUR HEALTH  
WITH MUSIC**  
Margit Resch
- 38 **3 HEALTHY HABITS TO PRACTICE WITH  
TECHNOLOGY**  
Jason Carnes
- 40 **FRIPP ISLAND WOMEN'S CLUB**  
Donna Richele
- 42 **CHILDREN'S CORNER WITH MJ**  
Mary Jacobs
- 46 **FIWGA- WOMEN'S 18 HOLERS**  
Debbie St. John
- 48 **A GOLF BALL'S VIEW**  
Nancy Wingenbach
- 50 **FRIPP ISLAND MEN'S GOLF  
ASSOCIATION**  
Mike Murphy
- 51 **MENS NINE HOLE GOLF LEAGUE**  
Mike Wilt



# SUBMIT AN ARTICLE

To submit a story for the Spring Edition of The Trawler, please send your submissions to the Editor.

[communications@frippislandliving.com](mailto:communications@frippislandliving.com)

Submissions should be no longer than 1000 words.

Graphics should be submitted separately and in their final form.

## 2021 Schedule, Theme and Submission Dates

*Submission Date: March*

March: Spring and growth

*Submission Date: April 17th*

May: Community, Neighbors, and Family

*Submission Date: June 17th*

July: Summer Fun

*Submission Date: August 17th*

September: Fall and Change

*Submission Date: October 17th*

November: Holiday Edition TBD

# Advertise in the Trawler!

Advertising in the Trawler is a great  
place to be seen!  
Ad Space Cost -

Less than 1/4 page :  
\$40 per issue/216 six issues.

Quarter Page:  
\$55 per issue/\$297 six issues

Half Page  
\$80 per issue/\$375 six issues

Monthly, Bi Annual and Annual  
Contracts are available for advertising.

If interested, email us at:  
[communications@frippislandliving.com](mailto:communications@frippislandliving.com)

## Greg Williams Painting

5- Star rating on google



*Just ask our customers!  
See before and after of our  
work online!*

Established in 1977.  
Two generations of home improvement and repair expertise.  
No job to big or to small.

*Specializing in power washing, carpentry, and home painting.  
Including cabinetry, exterior and interior, dry wall repair and ceiling work.*

**Call or Text us: 843.368.1717**

 **@gregwilliamspainting**



**FRIPP ISLAND PROPERTY OWNERS ASSOCIATION  
SCHEDULE OF MONTHLY BOARD MEETINGS**

**2021**

SATURDAY	FEBRUARY 13, 2021	9:00 AM
SATURDAY	MARCH 13, 2021	9:00 AM
SATURDAY	APRIL 10, 2021	9:00 AM
SATURDAY	MAY 8, 2021	9:00 AM
SATURDAY	JUNE 12, 2021	9:00 AM
SATURDAY	AUGUST 14, 2021	9:00 AM
SATURDAY	SEPTEMBER 11, 2021	9:00 AM
SATURDAY	OCTOBER 9, 2021	9:00 AM
SATURDAY	NOVEMBER 13, 2021	9:00 AM
SATURDAY	DECEMBER 11, 2021	9:00 AM

**FRIPP ISLAND PROPERTY OWNERS ASSOCIATION  
SCHEDULE OF TOWN HALL MEETINGS**

**2021**

SATURDAY	FEBRUARY 20, 2021	10:00 AM (ARB TOWN HALL)
SATURDAY	MAY 15, 2021	10:00 AM
SATURDAY	AUGUST 21, 2021	10:00 AM
SATURDAY	NOVEMBER __, 2021	(ELECTION) TBD

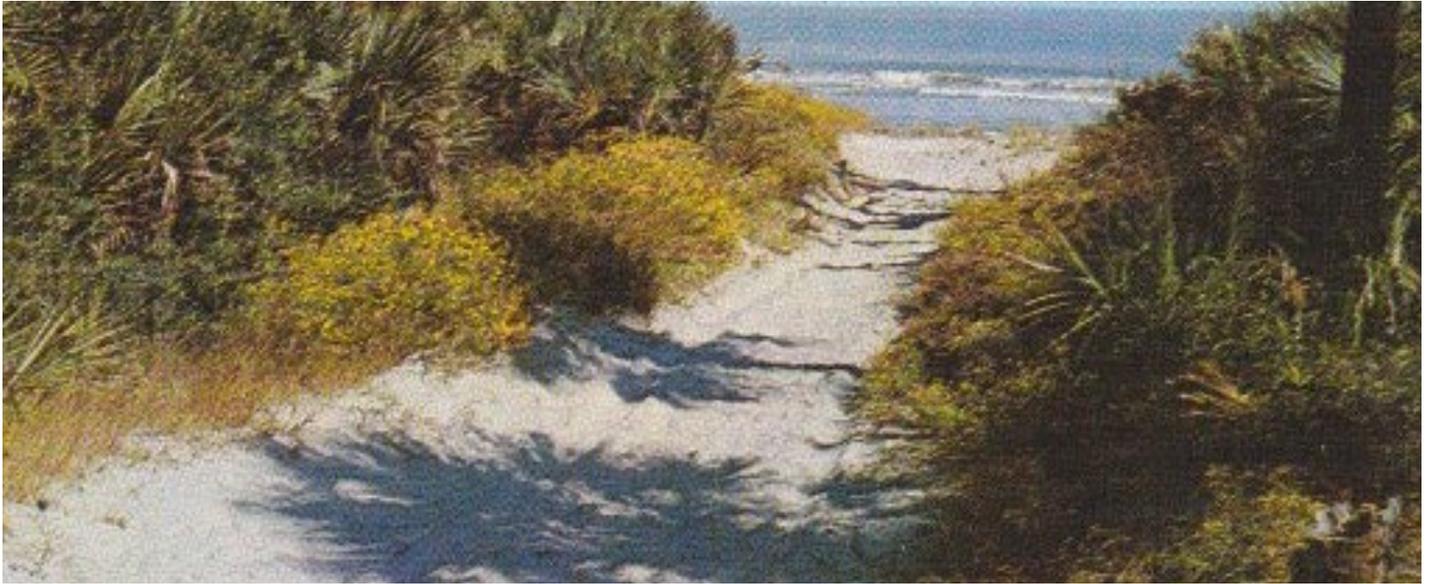


# Fripp Island

Property Owners Association

CHRIS CROMER - PRESIDENT  
TINA TURNER - VICE PRESIDENT  
MARK DRAVES - TREASURER  
SHARON LAWTON - SECRETARY  
BOB JORDAN  
JANET MANNING  
LEE ANN MONTGOMERY  
MIKE MURPHY  
MONTE RUNFOLA  
SCOTT REALE

## 2021 FIPOA Board of Directors



## **WELCOME NEW BOARD MEMBERS CLASS OF 2023**

Thank you to everyone in the community who voted in this past Board of Directors election. We'd also like to thank all of the nominees for their willingness to support our island by doing all the hard work of a candidate. If you missed the emails and the recent introduction at our first Board Meeting and Annual Meeting on January 16th, we would like to official welcome Monte Runfola, Scott Reale and Sharon Lawton as the Newly Elected Directors for the class of 2024.



---

---

# A NOTE FROM YOUR GM

2021 has arrived! A new year with expectations and new sections to The Trawler. This issue we are introducing the Employee Spotlight. Each issue you will meet one of your POA Staff or Security Team Members, learn more about who they are, their family, and some fun facts. For the inaugural spotlight I volunteered to go first. Our goal at FIPOA is to continue to create community and family.

*John*

John Marsh  
General Manager, FIPOA

## EMPLOYEE SPOTLIGHT



**Name:**

John Marsh

**Position:**

General Manager, FIPOA

**Favorite Cartoon Character:**

Marvin the Martian

**1. Tell us a little about you?**

*I have been married to my lovely wife Mary for 24 years, our son Jakob is 22 and graduated from The Citadel in May of last year. Our daughter Nicole is 20 and is a sophomore at the College of Charleston.*

**2. What is one thing you like to do in your spare time**

*I enjoy working in my Man Cave (shed) on small projects.*

**3. As a child, what did you want to be when you grew up?**

*I wanted to be a pilot.*

**4. Who is your favorite singer/band? Or what was the first concert you went to?**

*My favorite band is Genesis, and singer is Phil Collins. My first of many concerts was an outdoor concert featuring The Police, The Fixx, and The Flock of Seagulls.*

---

## LETTER FROM THE EDITOR

---

*Erin Pickering*  
Communications Coordinator, FIPOA

### DEAR FRIPPERS,

I admit I am writing this two weeks before it's due, and for the first time, unsure what the next weeks and months will bring. So in reflecting on this past year and everything that we as a community (locally, nationally, and globally) have experienced, we moved ahead with the theme of goals and health for this issue. Long before a pandemic, amidst other things, plans and health always seem to be synonymous with new beginnings, a new year.

In the wake of 2020 and heading into the uncharted territory of 2021, I have been reminded that goals give us something to strive towards. As I have read and reread all the articles that have been contributed to this edition, I am continually struck by this resonating truth: a goal to keep yourself healthy and be a part of a community is vital to life.

When we aren't healthy or don't have goals, we tend to hang out in the shallows, never adventuring into deeper waters. When I look at how goals and health affects everything in my own life and the world around me, my hope for everyone on Fripp is that we lean into this new beginning of the new year.

That we will find ourselves seeking the hidden places Fripp Island and our surrounding area has to offer. That discovery and exploration of new things become our mantra for 2021.

Throughout these pages, you will experience the invitation to come to be a part of your community. You will learn the cadence of music that can soothe your soul.

You will find goals of how groups and clubs strive to ensure safety out on the water, connect with others, and perhaps some good old fashion fun along the way.

I am always inspired by the beauty and harmony of the environment. We are surrounded by the winding and bending of the creeks in rivers that make up the vast salt marsh that causes you to stop and appreciate life. It encourages me to connect authentically and deeply with everyone that is around me and get outside!

The year is in all of our calendars, and in a blink, it will be summer, and then it will be fall again. Now, more than ever, I am inspired by the idea that we can change the course of what we do this year versus what we could not do last year.

It's a new year, so let's begin!



# Get Social!



Join the conversation:

@frippislandliving



# #frippislandliving

*Congratulations to our top Elves for the first ever  
FIPOA Deck the Tree Event!*



1. Maria Haun with "Life on the Fripp Side."
2. Melanie and Dolf Dunn with their "Coastal Fantasy Tree."
3. Rayma Griffin with the "Sand Dollar Tree."

*It was beautiful to see all of our owners' creativity, decorations, and trees in their homes! Stay tuned for our virtual events in 2021.*

## FRIPP ISLAND REAL ESTATE MARKET UPDATE December 31st, 2020

The following figures from MLS compare year-to-date sales on Fripp Island from January 1st through December 31st each year.

### SOLD as of December 31st

	2018	2019	2020
Homesites	23	16	48
Condos	19	30	41
Homes	86	73	152
<b>Total</b>	<b>128</b>	<b>119</b>	<b>241</b>

### AVERAGE SOLD PRICE

	2018	2019	2020
Homesites	\$122,276	\$109,933	\$121,446
Condos	\$218,547	\$187,085	\$250,561
Homes	\$476,285	\$439,374	\$517,411
Homes avg. per sq. ft.	\$217	\$203	\$235
Homes avg. days on market	299 days	311 days	361 days

### UNDER CONTRACT As of December 31st

	2018	2019	2020
Homesites	0	0	13
Condos	2	0	3
Homes	3	2	17
<b>Total</b>	<b>5</b>	<b>2</b>	<b>33</b>

### NUMBER OF ACTIVE LISTINGS on December 31st

	2018	2019	2020
Homesites	121	143	87
Condos	42	31	8
Homes	121	122	27

For real estate assistance please contact:

Charles Patty, Listing Agent/Sales Agent/Broker  
 FRIPP ISLAND REAL ESTATE COMPANY  
 Telephone: 843-597-1170; email: charlesp@frippislandrealestate.com  
 If your property is listed with another Realtor, this is not a solicitation.

THIS IS THE

Place

WHERE

WORRIES ARE LEFT BEHIND.



225 Tarpon Blvd. Fripp Island, SC 29920  
Phone: 843.838.4155 Web: frippislandliving.com  
Social: @frippislandliving



**Fripp Island**  
Property Owners Association

# WELCOME TO THE FAMILY

## NOVEMBER

Kartina Burton-Nichols  
Brian Cummings  
Michael DeLuca  
Kevin Diveto  
Carole Fahey  
Robin & Darryl Franklin  
Andrea Frohning  
John Hembree  
Christopher Houston  
Gregory Huddy  
Michael Keaton  
Trida LaHair  
Richard Morris  
John Pollok  
RLM, LLC  
Patrick Schwind  
Fraiser Smith  
Eric Soucy  
Derrick Swenson  
Charlton Veazey  
Albert Vierheilig

## DECEMBER

Kevin & Tansy Appelyard  
Keri Borg  
Frederick Dantzler  
Chris & Kristin Davis  
Michael Deluca  
Mark Griffin  
Nancy Grignon  
Scott & Lori Guercio  
Jonathan Hannah-Spacagna  
LeeAnn Hansen/Amy Brauser  
Victor Harten  
Gegory Jackson  
Steven James  
Carol Johnson  
Todd & Shannon Lutes  
Tara Martin  
Tara Mosley  
Stephen Murphy  
Michael Norman  
Patricia Coniff Trust  
David Rickard  
J. Michael Ross  
Perry Sellars  
Howard Way  
William Witt  
Jenny Woods



We are very pleased to report that our homeowners 2020 Christmas Fund for our security team was very successful.

While we had some very generous donations it was the significant increase in homeowner participation that made the difference in our Fund performance. We had 320 homeowners that participated versus 190 the previous year. This was reflected in our fund being 30% higher in dollars over 2019.

We distributed 100% of this increase to all members of our security team. This was a significant positive impact to our team and greatly appreciated. We received a very thankful summary from the Chief highlighting the smiling faces when they opened their envelopes. We also

received cards and letters from every team member thanking you for thinking of them and for the money so needed for Christmas.

We were a little “shy” in taking on this assignment especially given the 2020 year situations. However, the energy coming from ALL homeowners was personally uplifting to us and everyone was positive in wanting to contribute.

You should be very proud of this accomplishment and we sincerely thank you for making this a very positive experience for all.



Sincerely,

Ralph and Linda Burchfield

# CHIEF'S CORNER

Contributed By: Glen Tabasko, Chief of Security

Dear Fripp Island Community

We would like to take all of the home owners for the very generous gifts to Security.

We are all grateful to be a part of this community.

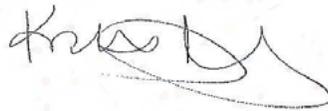
Sincerely,

All of the staff from the Security Team

Kathy Bindas  
Michael Smith



Cindy Carr



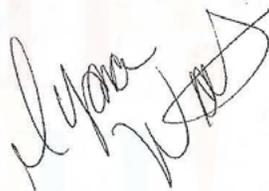
Pete Smedley  
Carl W. H.

22 Bond

Carl Sanders

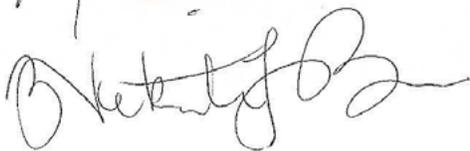


Shayla Smedley



Thank you so much  
Catherine Dani

My Son



thank you!

# WELCOME TO FRIPP FROM THE ARB

With the record number of property transfers in 2020, we would like to welcome the new owners and remind you to read the ARB Guidelines. We know you receive an overwhelming amount of information when buying property and want to make sure you are aware.

ARB Guidelines, Policies, Pre-Screened Exterior Colors and other information can be found on the Fripp Island Living website. If you have any ARB questions, please do not hesitate to contact Meghan Johnson, ARB Administrator at:

Phone: 843-838-4155

Email: [mjohnson@frippislandliving.com](mailto:mjohnson@frippislandliving.com).

## Did You Know?

Application for fencing- Homeowners wishing to install a new or modify an existing fence of any type or size must apply to the Architectural Review Board (ARB) and secure ARB project approval PRIOR to beginning fence installation or modification. The application must state the purpose for the fence, document the proposed fence materials and include drawings and brochures illustrating the proposed location of the fence, house location and property boundaries and proposed fence landscaping. Applications for fences for the following purposes will not be approved:

- Gates and chains across driveways
- Garden enclosures
- Animal enclosures
- Fences largely for aesthetic purposes

Temporary fences- To protect newly planted approved landscaping items may remain in place until the plant is established in the soil and has reached a viable size so as not to be in danger of damage from deer. (12 months maximum)

Existing fencing- Existing fencing “grandfathered” in or approved before March 9, 2019 shall be maintained in a straight and vertical position, be painted if necessary and have no visible rust or decay. Fencing that does not meet these standards may be subject to a fine. In addition, when a residential property is sold, all non-approved, non-compliant fencing must be removed prior to new owners taking possession.

# BUY A BRICK PROGRAM

Show your love and support of Davis Love Park and Fripp Island with a brick engraved with your name or purchase in honor of someone else. The engraved brick will be placed in the park area.

\$50 for a standard 4 x 8 brick

\$500 for an 8x8 brick

\$1500 for a 12x12 green granite plaque with gold lettering.

Minimum donation is \$50.

Call the FIPOA office to make arrangements at:

(843) 838-4155 or email:

[contact@frippislandliving.com](mailto:contact@frippislandliving.com)



## 2021 Fripp Island Telephone Directory Annual Update

A SERVICE PROJECT OF THE FRIPP ISLAND WOMEN'S CLUB

Are you one of the over 250 people to purchase a property on Fripp in 2020? Did you get a new Address? Email? Landline? Mobile Number? We need to update your information for the Fripp Telephone Directory!

Email [frippislanddirectory@gmail.com](mailto:frippislanddirectory@gmail.com) with each individual's Name, Fripp Address, and Landline or Cell Phone number to be included.

Call Jan Manning at 248-245-0269 with questions.





---

*Around  
The  
Island*

---



# ***A LOOK INTO THE PAST***

*Contributed By: Page Putnam Miller*



## FRIPP ISLAND IN 1962

This photograph provides a glimpse into Fripp Island in 1962. Just one year before, Jack Kilgore, a visionary young entrepreneur from Columbia, had finally sealed the deal to purchase the island and had started negotiations for the building of the bridge. Inspired by development on Hilton Head, he consulted with Charles Fraser who pioneered the concept at Sea Pines of accentuating the natural environment of a whole island with winding roads and cul-de-sacs and open spaces. Kilgore needed to sell lots to acquire the money for the development, but before lots could be sold, Kilgore had to create a master plan. Using aerial photographs, he designed about a dozen subdivisions, many being semiprivate neighborhoods. Between every four to six ocean lots, he provided pathways to the ocean for all island property owners to have access to the beach.

Roy Krell, one of Kilgore's early recruits for his leadership team, managed the sale of lots. He emphasized that money for the lots would be placed in an escrow account and returned if the corporation had not signed a contract by December 1962 for the construction of the bridge. The first lots were sold as part of "package sales" that included one or more lots as well as shares in the corporation. The most expensive package was \$7,852 for a beach front lot, a secondary beach lot, and 1,000 shares in the Fripp Island Resort. One of the least expensive packages was for an interior lot and 500

Prospective buyers came to Fripp  
on shrimp boat from Gay Fish Co.

Docked at site of future marina.  
No bridge yet!

1962

392K

shares in the corporation for \$2,752. In Jack Kilgore's October 5, 1961 progress report, he announced the final approval for the construction of the bridge with plans for a construction contract to be signed on December 1, 1961.

With work on the bridge underway, the Fripp Island Resort negotiated in 1962 with the Gay Shrimp Company to ferry prospective buyers to the island. Advertisements in newspapers in Columbia and other nearby cities as well as bill boards on the major highway to Florida combined with an aggressive word of mouth campaign attracted perspective buyers. This 1962 photograph shows a shrimp boat docked at the site of the current marina. This is the same dock location that the lumbering company R. L. McLeod and Sons had used when they purchased Fripp Island in 1937. If you have ever

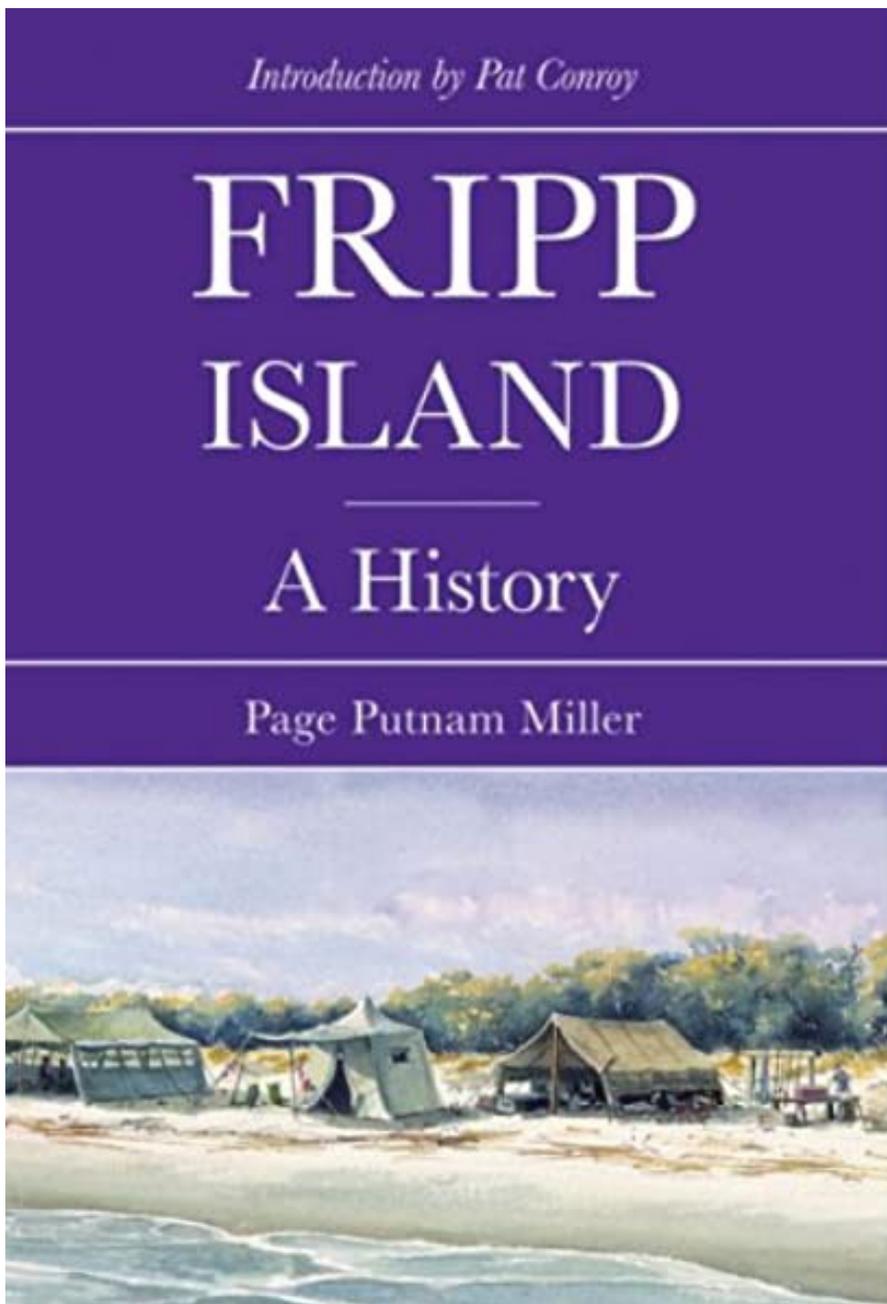
wondered why there are no tall pine trees along the southern part of Tarpon, it is because they were cut down by the McLeod lumbering company. Fortunately for Fripp, lumber prices fell sharply in the late 30s. Before many more pines were cut, McLeod and Sons sold Fripp Island to a group of 16 Beaufortonians, the group from which Jack Kilgore purchased the island.

1962 also marked the year that Jack Kilgore formed the Fripp Island Country Club and signed a contract with George Cobb, one of the foremost golf course architects in the county, to design an 18-hoe golf course. However, an obstacle in building roads and the golf course was the presence of a large population of wild hogs that made havoc with the earth moving projects. Hunters over the years who had enjoyed hunting deer on Fripp Island probably placed domestic pigs

on Fripp as a means of controlling the poisonous snakes. Roy Krell decided to use the wild hog problem as an occasion to invite area sportsmen and those who had an interest in investing in Fripp island to a wild hog hunt.

On November 30, 1962 Gay's shrimp boats ferried almost a hundred men from Russ Point Landing on Hunting

Island to the make shift dock at Fripp. Each hunter brought his own shotgun and lunch, and the Fripp Resort provided transportation. Jack Pittman, A Greenville businessman who had purchased a lot, attended the hog hunt. In a 2006 interview, he told me it was a most successful event and that over one hundred hogs were shot and given to the shrimpers who had transported them.



Page Putnam Miller, who for twenty years served as the lobbyist for the historical profession in Washington and for the past five years has been a Distinguished Visiting Lecturer in the graduate history program at the University of South Carolina, undertook several years of extensive research to examine the intricate turns and twists in ownership of the resort and to explore the evolution of the residential community.

# It's a Fare Day on the Island

Contributed By: Erin Pickering & Tina Reeves

Among the hidden shops and alley's of downtown Beaufort, SC a woman walks into a old timey book store to find a lost and hidden treasure of Fripp Island: *The Fripp Island Fare* cookbook. For a mere two dollars, she bought the book and brought it safely back home to where it should be; on the Island.

Full of family receipes, and downright yumminess Ginny Hucks, Jan Kersterson and Maragret Terrell, revised their edition in 1976 (from their frist printing May 1975). Inside the book it tells us the story:

*"Our first edition of Fripp Island Fare came about when we were sharing recepies over a weekly bridge game. The four of us, Bevie Kinder, Jan Kesterson, Ginny Hucks and Margaret Terll decided to incoporate thse and others in a seafood cookbook. Over the winter months we collected and tested receipes and in April 1975, our first edition came off the press. We hope that you will enjoy these receipes as much as we have."*

Sometimes a good goal is to go back and find your roots, and discover the things that bring comfort to your home. In this case, Fripp Island Fare has all made us smile. Here is something to keep you warm for those South Carolina winter nights.

*\*P.S. Thanks Tina Reeves for finding this gem\**



## Aunt Anna's She-Crab Soup

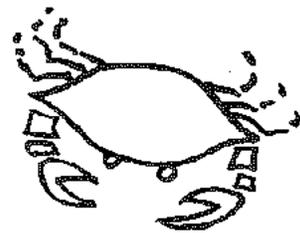
10 one cup servings

Saute until soft, not brown.	{ 1 medium onion, chopped ½ stick butter dash of nutmeg dash of MSG
Add and heat	{ 1 lb. white crab meat
In double boiler, heat	{ 7½ c. milk 1 pt. half & half
Add	{ crab meat mixture another ½ stick butter
Season with	{ worcestershire Salt & pepper

Stir cornstarch (1 to 5 t.) depending on desired thickness into ½ c. milk. Add to soup to thicken.

Add ¼ c. chopped crab roe. If soup is too thick, thin with ¼ c. sherry wine.

Serve hot with sherry to taste.



## Cathy's Crab Soup

Combine and heat	{ 1 can green pea soup 1 can tomato soup 1 soup can water 1 T. curry powder sherry to taste 10 to 12 oz. crab meat
------------------	---



# Community Centre

*Contributed By: Rebecca Climer, FICC Board President*

For some months now, the Fripp Island Community Centre has been severely restricted in opening to activities. Like all of you, our Board monitors the spread of the Corona virus locally and adheres to medical and governmental recommendations on safety. Currently, only groups of ten or smaller are meeting at the Centre, and the All Saints Chapel is partitioned to allow for social distancing. Your FICC Board decided last Fall to suspend the Annual Fund drive because of this limitation in service. It simply didn't feel right to ask for additional donations when our ability to meet Fripp Islanders' needs was so limited. Despite this, the FI community showed their support, and we have now received approximately 80% of our \$65,000 goal for 2020. We gratefully and humbly say, "thank you!"

The FICC Board hosted its virtual Annual Meeting via Zoom on February 10th at 6:30 p.m. In this edition of The Trawler, we want to offer some of the material that was covered during the meeting

➤ **FICC Finances:** With activities severely limited, so are our sources of income. Though groups and clubs aren't meeting, there are still significant expenses related to "keeping the doors open and the lights on." Utilities, cleaning, Insurance, and costs associated with Vespers amount to nearly \$100,000 per year. While we suspended our Annual Fund for 2020 and are currently financially stable, we presented a budget at the Annual Meeting. We will develop an Special Fund effort related to covering our operating expenses for the 2021 calendar year.

➤ **FICC Expansion Project:** The FICC expansion project established in 2019 was, like so many things, put on hold due to COVID. The expansion committee chartered by the Board was suspended when it was determined that updated base flood level elevations would not be forthcoming. This project would include 665 square feet of new construction and 585 square feet of renovation. It will result in a new kitchen, additional meeting space, and substantial HVAC improvements. We have learned that FEMA will release the new flood level elevations in March, so we are reinstating the expansion committee. Betty Pearson, who has done yeoman's work on the plans as well as communications with Beaufort County, will chair the committee. The committee's first meetings will be devoted to reviewing the scope and the cost of the project.

➤ The final item on the Annual Meeting agenda was the election of Board members for the coming year. Rebecca Climer, Dave Manning and Gloria Robinson were re-elected to three year terms. Information and links for the meeting will be sent out via the FICC newsletter, POA distribution list, and Next Door.

Finally, we want to express our thanks to Hargray Communications for the support of the FICC. In the Fall of 2019, Hargray agreed to sponsor the FICC by providing a year of free internet and phone service. Hargray decided to extend that support for an additional year. We are so grateful to Hargray for their continued sponsorship!

We hope to see you soon at the Community Centre!!



# Nature's Health Program: The Salt Marsh.

*Contributed By: Krista Schmidt, Assistant  
Naturalist Fripp Island Resort.*

When one thinks of the Lowcountry, a salt marsh usually comes to mind. The waving grasses, the smell of the pluff mud, the popping of the oysters, and the flow of the water all come together to create the beautiful marshes we call home.

The salt marsh is a diverse ecosystem that houses many different organisms, from wading birds to crabs to dolphins. But the salt marsh does more than just provide habitat. Salt marshes provide many ecosystem services, including water purification, erosion and flood control, and carbon sequestration. All of these services contribute to a healthy environment, and are important reasons why salt marshes

must be preserved.

*So how does the salt marsh provide all these benefits?*

One of the most important functions of the marsh is maintaining water quality. The main components that contribute to water quality are the oysters, the spartina grass, the suspended sediment, and the tides. First, the oysters that make up the large reefs in the marsh are excellent filter feeders. A single oyster is able to filter around 50 gallons of water a day. Through this process, they help remove excess nitrogen from the water. Too much nitrogen - often from runoff- can be



detrimental to water bodies, as it boosts large algal blooms.

Another component contributing to water quality is the spartina grass. These plants are able to take up excess nutrients and chemicals and store in their roots. Sediments in the water also aid in this process, as pollutants often stick to floating sediments and are then deposited on the mudflats where the spartina grass grows. Bacteria in the sediments also help break down the stored chemicals.

Finally, the tides help with water quality as well. In South Carolina, we have large tidal changes, ranging from 6 to 8 feet of change, twice a day. This large amount of water moving through the system each day helps flush excess nutrients and maintains good oxygen levels. All of these components come together to maintain healthy waters with an abundance of life.

Another important service the salt marsh provides is erosion and flood control. South Carolina contains nearly a half-million acres of salt marsh, which is the highest acreage of marsh out of all the Atlantic coast states. As storms travel towards the mainland from the Atlantic,



the salt marsh acts as a buffer by greatly reducing wave energy. By reducing the strength of storms once they reach the mainland, the marsh protects these areas from erosion and flooding.

Finally, salt marshes provide a high level of carbon sequestration. This is the process in which plants convert carbon dioxide into plant material during photosynthesis. Coastal plants, such as mangroves, sea grasses, and marsh grasses, are known to take up 100 times more carbon than plants in the forest. Since South Carolina's marshes are so extensive, they provide a significant carbon sink. In addition to the spartina grass, carbon can also be stored in the mud and in dead grass called wrack that accumulates on the beaches. Because of this, the salt marsh is not only important in maintaining the ecosystem health of local waters but also for the health of the planet, as it helps reduce greenhouse gases.

The salt marsh is a beautiful landscape that provides habitat and maintains ecosystem health. Fripp Island is lucky to be surrounded by pristine marshlands that we can enjoy year-round and appreciate the value of.

# Naturally Fripp Asks:

## Will You Join Us and Register Your Property With The National Wildlife Federation?

Below we explain how our POA Community Wildlife Habitat came to be. Many of you helped then and registered your properties. Now we are asking the rest to join us. It is super simple, takes less than 5 minutes online and requires a \$20.00 donation to the NWF. They used to call this program Backyard Habitat but now that has evolved to Garden for Wildlife. But no need to have a yard or a garden, a condo balcony will work just as well. <https://www.nwf.org/garden>

Should you have questions, just email Linda Freeman at: [lindafreeman25@gmail.com](mailto:lindafreeman25@gmail.com).

And what's in it for me? As we raise the profile of Fripp as a Wildlife Focused & Friendly Community, we believe everyone benefits as we attract visitors and future owners who are eco-friendly. Folks who would like to go birding as they golf; folks who tend to walk lightly on the land and will be gentler with our wildlife. There is a certificate of recognition and a one year subscription to their excellent magazine, discounts at their store and an opportunity to purchase a sign to display in your yard.



*Ann Lyman, was chair of the former POA's Environmental Committee in 2013. She was presented the certificate from the NWF to Wayne Kemmerer, former President of the Fripp Property Owners Association.*

# Naturally Fripp.

*Contributed By: Linda Freeman*

It was eight years ago that the former POA Environment Committee under the chairmanship of Ann Lyman, decided to seek recognition for Fripp's commitment to wildlife. A group of dedicated volunteers (Betsy Richards, Page Miller, Linda & Bob Freeman) was tasked with this ambitious goal. The "Naturally Fripp Community Wildlife Habitat Team" petitioned the prestigious National Wildlife Federation (NWF) to certify Fripp as a Community Wildlife Habitat. This is a coveted, nationally-recognized honor; at that time, there were just three exclusive certified SC communities: Kiawah, Callawassie, and Briarcliff Acres.

For the Fripp POA to achieve certification, we needed to meet wildlife conservation goals in education, community projects, and administration. Throughout Fripp, owners joined the effort as they certified their properties as NWF Backyard Habitats, an effort that continues to this day. The team coordinated closely with experts in the South Carolina Wildlife Federation to document Fripp's wildlife projects and programs and was able to fulfill all national certification requirements in under a year. As a result, the NWF certified Fripp Island as the fourth Community Wildlife Habitat in South Carolina and only the 68th Community Habitat in the U.S.!

Having earned the right to call itself "Naturally Fripp' Community Wildlife Habitat," Fripp continues to demonstrate an island-wide commitment to protecting our unique Lowcountry environment while enhancing residents' and visitors' knowledge and enjoyment of the island's unmatched flora and fauna. Each year Fripp must meet benchmarks and submit a recertification application. The movement continues to grow as more POAs embrace "conservation of our natural legacy for generations to come" as the hallmark of



responsible stewardship. Today we find 6 Certified Community Wildlife Habitats in SC and 135 across the nation.

***Naturally Fripp Says:***

***Naturally Fripp Community Habitat is on [Facebook](#). Like us and follow us there.***

# FRIPP AUDUBON CLUB



*Contributed By:  
Megan Grams, Head Naturlist FIR*

The club goal is to provide the opportunities for study, observation, and conservation of the flora and fauna of the South Carolina low country. All of the programs are open to the public. The Fripp Island Audubon Club was created in 1978 by island resident, Dixie Winter who formed the club and organized local and overnight club trips.

If you are a nature lover, you might enjoy the Fripp Island Audubon Club. Beyond field trips, the club organizes and hosts workshops to educate and encourage people who love nature and those who want to know more about the Lowcountry fauna and flora.

This past November, the Audubon Club virtually hosted SCDNR Coastal Bird Conservation Project Supervisor

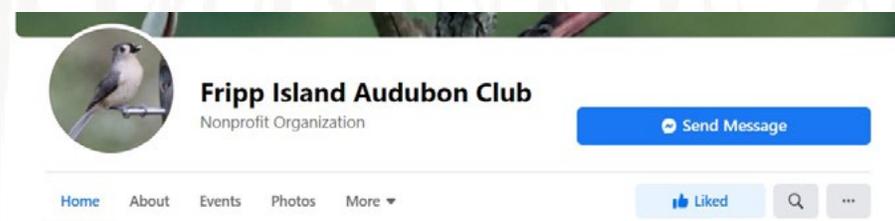
Why not make it a goal to get involved in the Fripp Island community by joining the Fripp Audubon Club this year.

Please visit the [Fripp Island Audubon Club website](#) or fill out the [membership application](#) to become a member.

You can also connect with and follow the Fripp Island Audubon activities on Facebook.

Felicia Sanders, who was recognized with the Southeastern Association of Fish and Wildlife Agencies with the Biologist of the Year Award. Felicia discussed how artic-nesting shorebirds use SC beaches and how people can help protect them.

In December, the club joined Lydia Moore, a biologist with the Palmetto Bluff Conservancy, that also presented virtually about Bat Conservation.



# A MOMENT WITH MEGAN GRAMS

*Fripp Island Resort Head Naturalist*

Megan Grams, Head Naturalist at FIR is staying busy with research projects around the island. Take a moment and catch up with Megan and learn what is she working on and how she is contributing to the betterment of our environment and protection of wildlife.

---

## Native Pollinator Garden

FIR Naturalist staff is in the process of rebuilding our native pollinator garden. We hope to create a spot for the entire community to enjoy. We would be looking for volunteers to help us with creating the garden and maintaining it.

Those that volunteer their time would be the first contacted for a space in our community vegetable garden portion, and invited to our opening day celebrations once the garden is finished in May 2021. If you're interested in assisting with this project, please reach out to our Head Naturalist.

Phone: 843-838-1516  
Email: [mgrams@frippislandresort.com](mailto:mgrams@frippislandresort.com)

## Alligator Tagging Project

FIR Naturalist staff is continuing previous research on Fripp Island's alligator population. Some topics of interest include: determining more accurate numbers for the size of our population, how our population numbers change with alligator size class, and where our alligators are moving during various times of the year.

Additionally, we want to conduct more research on alligator relocation methods and the effectiveness of alligator

relocation on our island with the purposes of keeping our community safe and well-educated. To help us with this project, please report alligator sightings to our Head Naturalist using the forms below.

Be sure to use the correct form when reporting your data! (Tagged vs untagged alligator)

Tagged: <https://forms.gle/c87Mwa6Fy34vdJcT6>

Untagged: <https://forms.gle/WcVz9fquEBidXTBq8>

## Dolphin Photo ID Project

The FIR Naturalist staff has been researching our local dolphins since the summer of 2019. We keep data on environmental factors and behavior we see as well as document dorsal fins to identify individuals.

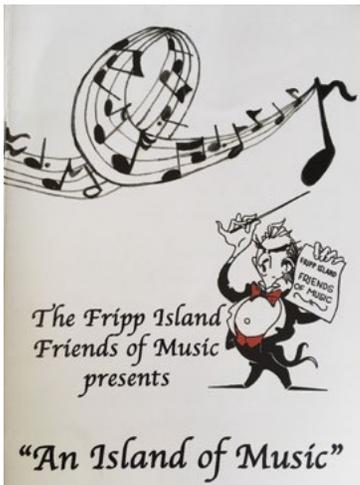


If you spend time out in the marshes surrounding Fripp Island and would like to help contribute data to our project, please reach out to our Head Naturalist via phone or email.

Phone: 843-838-1516  
Email: [mgrams@frippislandresort.com](mailto:mgrams@frippislandresort.com)

Have more questions, please contact: [mgrams@frippislandresort.com](mailto:mgrams@frippislandresort.com)

We have some great goals this year and we would love for you to be a part of it.



# Our Goal: Improve Your Health with Music

*Contributed By: Margit Resch, Board of Directors Chair, Publicity*

We, the Fripp Island Friends of Music, are thrilled to have the opportunity to brag about our role in your health, even if we couldn't bring you the wonderful concerts this season that you have been enjoying for decades in the Community Centre—all because of the devilish virus.

“Wait a minute,” you may ask, “FIFOM plays a role in my health”? Yes, the music we bring plays a role in your health, very much so. The elements of music—melody, rhythm, articulation, tempo, harmony, the characteristics of various instruments, and, last but not least, the lyrics—play a remarkable role in both your physical and your mental health. Musicians have long known that: “I think music in itself is healing,” said the piano man and singer Billy Joel.

No doubt, you listen to music in your home, especially these days, because you know the beneficial effect it has on your body and on your mood. Don't you feel like dancing when you hear a Piazzolla tango, a Strauss waltz, or an early Beatles rock and roll song? Don't you want to march when you hear a Sousa tune? And don't you do your aerobic exercises with much more enthusiasm and vigor to a lively, rhythmic beat like that of the BTS? And those are not the only physical effects of music. Stimulating, speedy pieces increase the heart rate, respiration, and blood pressure, while

a slow tempo and pauses in the jingle decrease the rate of these bodily activities.

Bob Marley sang years ago: “One good thing about music: When it hits you, you feel no pain.” That wisdom rang true to some British medical researchers. They conducted trials with some 7000 people who had surgery, and they found out that patients who listened to music after the surgical procedure, especially self-chosen music, felt less pain and anxiety, were less likely to need pain medication and recovered faster, compared to those who did not listen to music, who preferred reading or watching TV. Why? We don't know for sure yet, but it seems that music triggers the release of opioids—the body's natural pain relievers.

I am sure you, too, have often experienced the strong impact of music on your mental state. You know that it can relieve the stress of a demanding work day after you get home, diminish the trauma over a family conflict or over a romantic relationship going south. You know music can lessen anxiety about a challenging job requirement or your worry about that pesky driving test you have to take because you forgot to renew your driver's license before it expired. The emotional pain reliever induced by music is called dopamine, a mood enhancing chemical produced in the brain, which, by the way, is now also



used in the treatment of depression.

Music might elicit an emotional response: joy if the song reminds you of the first dance with your new husband at your wedding, or sadness if the melody embodies the loss of a loved one. It also has the power to awaken a memory of a long-forgotten experience. Maybe Beethoven's Ode to Joy reminds you of meeting Pat Conroy during intermission when you attended a concert at USCB where the 9th Symphony was played. Or a certain drumming sequence might bring up images of the Busy Bee Band & Honeybees marching in the 111th Tournament of Roses Parade in Pasadena that you and your family watched live in 2000 and that you had not thought of in two decades.

Do you find yourself singing along occasionally? Some lyrics are bursting with wisdom or humor or personal meaning, which is why you probably committed them to memory, and they still make you laugh, they still ring true, they still touch your mind and heart. They are still meaningful. Maybe some of the Beatles' lyrics,\* like:

"Let it be, let it be, let it be, let it be. Whisper words of wisdom, let it be."

"And in the end, the love you take is equal to the love you make."

"We all wanna change the world."

"Life goes on within you or without you." The explicit and implicit meanings rendered just by the prepositions always make me shiver and laugh at the same time.

\*Forgive me for only quoting the Beatles. I saw them in Hamburg in 1961 and danced right in front of them, and I still listen to their songs every morning. Meaningful, indeed.

It is not surprising, then, that music is used more and more in physical and psychological therapy and that it is amazingly effective, even curative.

I have to admit that music can also have the opposite effect on your health, that it can be a not so royal pain. Like when you have to stop at an interminable red light next to a sedan packed with teenagers who have their radio turned up so loud that you can hear it through your closed windows and the drum beats of their muzak makes your car shake. Or when your almost deaf neighbors sit on their porch listening to ancient popular ditties you really dislike, blaring across the entire neighborhood, making you so angry you are tempted to call Security.

It's the self-chosen music tuned to your very ears that has the healing effect that Billy Joel touted.

We, the Fripp Island Friends of Music, hope to be able to realize our goal for this year: to continue our concert series and bring you, again, music that imparts the healing power of joy and comfort; and, let's not forget, to resume our community comradeship at our post-concert gatherings with the musicians, enhanced by the wonderful hors d'oeuvres from Harold's Catering.

We wish you all a harmonious, happy, healthy New Year.

---

---

# 3 HEALTHY HABITS TO PRACTICE WITH TECHNOLOGY

*Contributed By:*

*Jason Carnes, Hargray General Manager*

Technology has allowed many of us to continue living, learning, and working from home during a difficult time. You may find that your screen time has gone up, and while our screens have kept us connected, we must remember to incorporate healthy habits into our new routines. Here are three healthy habits to practice while using technology:

## **Limit Screen time**

To the extent that we can, it is essential to limit our screen time. Our minds and eyes need breaks. So how do we know how much time we are spending looking at our screens? There are apps and software that track and report this activity. iPhones have a Screen Time setting that tracks your daily activity and allows you to set time limits for individual apps or limit communication with specific contacts.

## **Protect your eyes**

Screen time can have adverse effects on your eyes. To protect your vision, set up good lighting, and consider purchasing

blue light filtering glasses. These are non-prescription or prescription glasses that block the harmful blue light that screens emit. Not only will proper lighting and visibility protect your eyes from any long-term damage, but it will increase comfort and help reduce headaches and blurry vision.

## **Practice good posture**

While it is easy to put comfort first, we must practice good posture when spending long hours at a desk. Make sure you have a comfortable seat with good back support. If you are prone to back pain, use a lumbar support pillow on your chair.

Suppose you are serious about fixing your posture. In that case, posture correctors are a small wearable device that sticks safely onto your upper back and notifies you via a vibration or an alert on the corresponding smartphone app when you are slouching.

If you want to squeeze in exercise during a busy workday, some fitness enthusiasts use desk bikes and treadmills to move while they work. Smart exercise equipment comes with a mobile app to track activity and reach your goals. To make sure your computer and connected accessories perform at top speed, you'll need the fastest internet in town. Make sure to ask your Internet service provider if you are getting the right speed for your online activity.



# Fripp Island Women's Club

*Contributed By: Donna Reichle, Co-Vice-President,  
On behalf of the FIWC Board of Directors*

Happy New Year to all our members as we reflect upon our past achievements, even during these most challenging times, and look forward with hope and determination to the time when we can once again gather in the company of one another. Although we are unable to meet as a group, due to the Covid protocol,



we CAN reach out to one another and strengthen the bond that unites us in our mission to contribute to the well-being of our Fripp community as well as those of our nearby neighbors in Beaufort County, demonstrating the Spirit of the Lowcountry.

With that in mind, we would like to share a few items of interest from our December calendar and update you on current and future activities.

## December Activities

FIWC board members contributed to Fripp's holiday spirit by decorating the entrance Christmas tree, creating and selling Spirit of the Holidays gift baskets, and participating in the Holiday Feast feature of the December Trawler. Coordinated and hosted by Jan Manning and written and photographed by Erin Pickering, the Trawler article could have been a Southern Living exclusive! Thank you, Erin, for allowing us to showcase some of our favorite holiday recipes as well as provide some welcome publicity for our Women's Club!

Coordinated by Co-Vice-President Gayla Thomas, the sale of the Spirit of the Holidays gift baskets was a huge success...all 60 baskets being sold, and a profit of \$1,498.77 being realized! Many thanks to all our generous contributors, including MacDonald's, Island Cookies by Kelly, Barclay Sharon, Donna Reichle, and, of course, Gayla.



## 2021 Program Highlights

As the Community Centre remains closed due to Covid protocol, we have, sadly, had to cancel our speakers for the scheduled January, February, and March meetings. However, because we feel their commitment to their community truly represents our theme of The Spirit of the Lowcountry, we would like to feature them in our monthly newsletters.

This month's speaker was to have been Theresa Edwards, Executive Director of Love House Learning Academy (LHLA), a Beaufort outreach organization serving the needs of the community.



In 2015, Ms. Edwards was appointed by then Gov. Nikki Haley to the SC Domestic Violence Task Force, and in that year, the LHLA was founded. The LHLA expanded programs already in existence since 2009 to 9 additional locations throughout Beaufort.

Their programs include providing after-school care, a senior daycare program, and a summer learning academy. During the coronavirus crisis, she and her staff became concerned about seniors and other shut-ins receiving proper meals and partnered with the Gullah Farmers Cooperative in distributing healthy produce to those struggling during the pandemic. Unlike Meals on Wheels, which requires a payment for their services, LHLA provides these delivered meals free of charge.

If you would like to learn more about the LHLA, or ways to get involved, please visit their website at: <http://www.lhlacademy.com/>

Until we can meet again in person, please stay safe. On behalf of your Fripp Island Women's Club Board, I wish you all a 2021 filled with hope, peace, and good health.

### ABOUT FRIPP ISLAND WOMEN'S

The Fripp Island Women's Club (FIWC), a social and service organization, welcomes all women to participate in educational and outreach programs. The FIWC's fund-raising efforts help support environmental beautification on Fripp Island, as well as the humanitarian needs of Fripp Island and local non-profit organizations. The Club meets the third Wednesday of each month from October thru April at the Fripp Island Community Center.

***FIWC Membership: If you haven't already done so, please send your renewal or new membership dues of \$20 to Melanie Dunn, 1 Kingfisher Cove.***

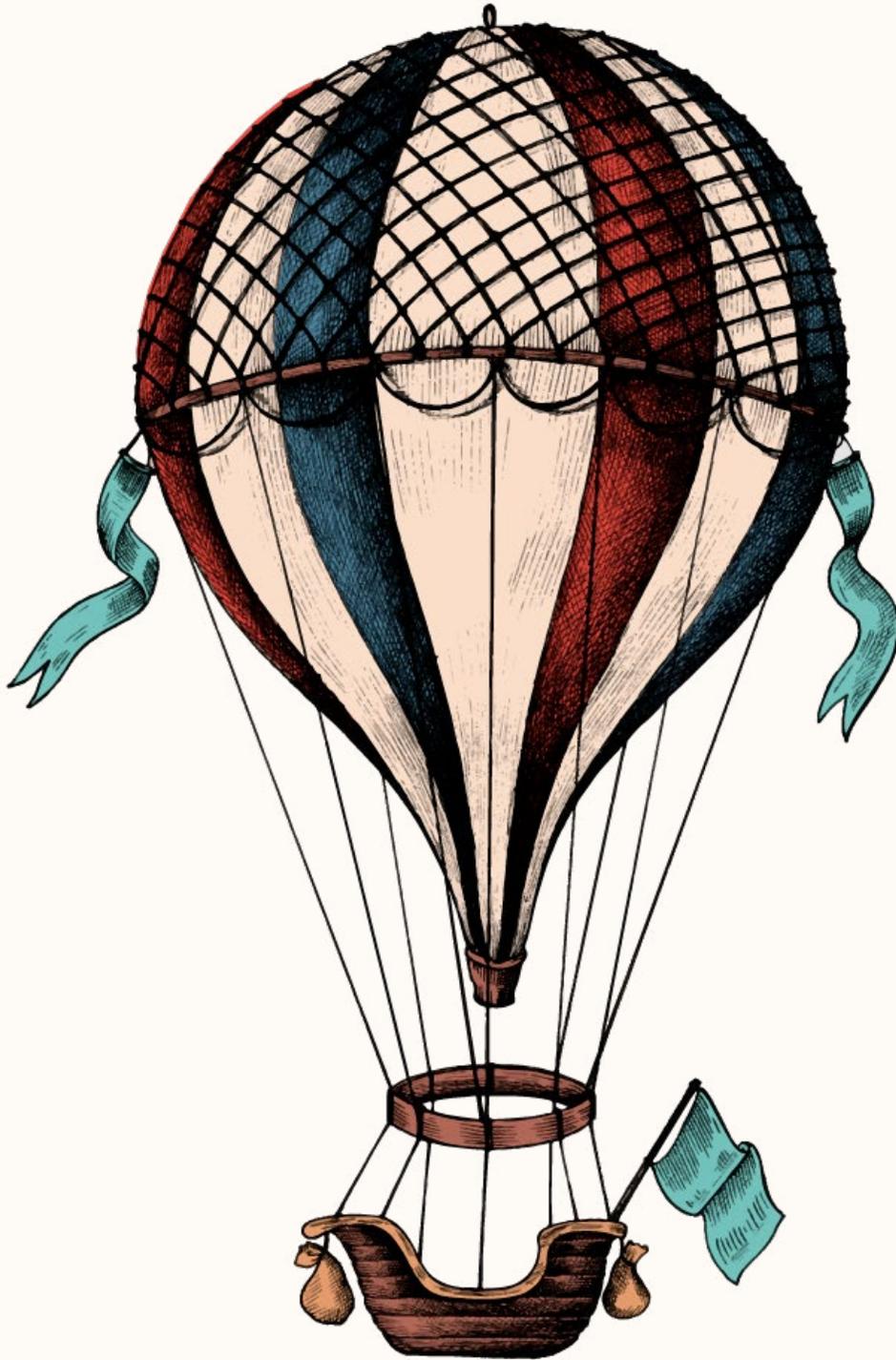
Visit [frippwc.com](http://frippwc.com) to learn more.

## Quote of the month:

*“Obstacles don’t have to stop you. If you run into a wall, don’t turn around and give up. Figure out how to climb it, go through it, or work around it.”*

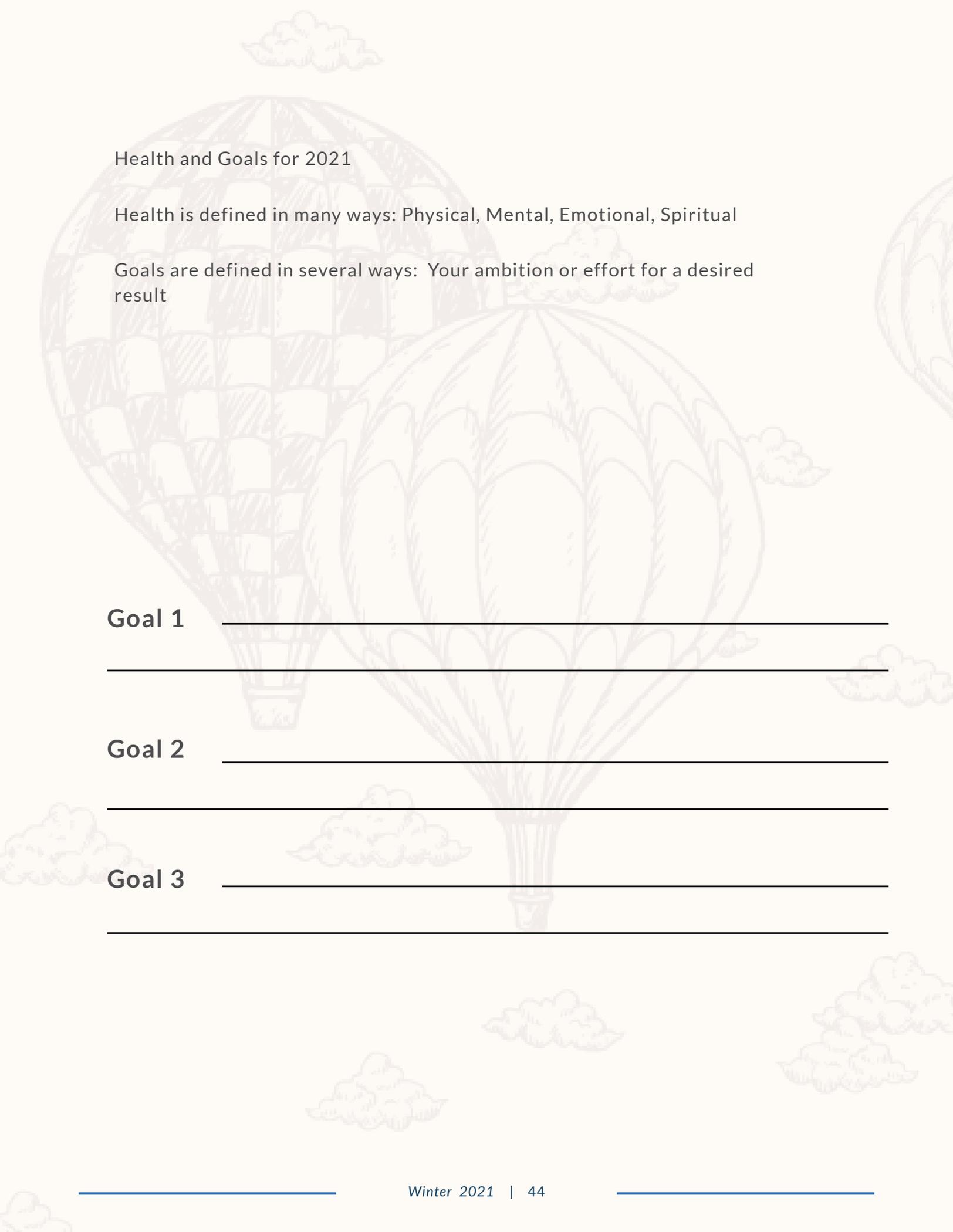
-Michael Jordan





# Children's Corner

*With Mary Jacobs*



Health and Goals for 2021

Health is defined in many ways: Physical, Mental, Emotional, Spiritual

Goals are defined in several ways: Your ambition or effort for a desired result

**Goal 1**

---

---

**Goal 2**

---

---

**Goal 3**

---

---

## **Dear Readers:**

I am thrilled to be writing about these two topics! This may sound silly, but each year I update my Plan for the year. And I also select something NEW that I wish to learn! It is VERY important to keep learning and growing! Some of the things I wished to learn were everything from playing golf, swimming, knitting and even learning to do a 5K!

Several years back when my grandson was 6 or 7 years old, we had a discussion about his goals for the year. We made a Powerpoint of his goals!

Goal 1: Make good choices

Goal 2: Learn to ride his bike

Goal 3: Learn to shoot his BB gun

### **Parent/ adult assignment:**

**Discuss goal setting with your child and write it down. If it is written then it is most likely going to happen!**

It is best NEVER to have more than three goals!

Parents, please share your goals and health wishes for the following year

## **Goals should be SMART goals**

**S=** Be specific (Don't say drink more water.... Drink 8 glasses per day)

**M=**Must be Measurable (Don't say work out more.... Work out 5 times per week)

**A=**Achievable (This means it must be reasonable.... Saying you will be losing 50 pounds and you only weigh 140 is NOT reasonable)

**R=**Relevant (It must be something YOU really want to do, not what someone else wants you to do)

**T=**Time based (Must set a time to accomplish the goal) YOU can't say ONE day I will do it!

### **Child Assignment:**

1. Think about how you can be healthier this year.
2. Think about what you really want to learn or improve.
3. Discuss these with your parents or guardian and PLEASE write them down!

**Happy 2021!**



# FIWGA- Women's 18 Holes

*Contributed By: Debbie St. John*

Attention: All New Fripp Island Ladies

The Fripp Island Women's Golf Assn. is made up of full and part time residents. Our 18-hole play day is Tuesdays, and we rotate courses between the Point and Creek on a monthly basis.

The first Tuesday of each month is a low gross/low net event. The following weeks are always fun and interesting games and formats. There are 4 major tournaments and a Member/ Guest event. Throughout the year we have 2 member meetings, luncheons and social events.

If you are interested in playing with us as a guest before joining, please contact one of our officers, listed below, we would love to meet you and introduce you to all of our ladies. Yearly dues is \$60.00.

Please contact one of us if you have any further questions.

Thank you,

## **FIWC Board Members**

Debbie St. John- President  
[sanddstjohn@gmail.com](mailto:sanddstjohn@gmail.com)

Freida Murphy- Vice .President  
[freidawmurphy@gmail.com](mailto:freidawmurphy@gmail.com)

Betsy Watts- Treasurer  
[betsy@wattsroofing.com](mailto:betsy@wattsroofing.com)

Carlene Rogan – Secretary  
[carlenerogan233@gmail.com](mailto:carlenerogan233@gmail.com)



# A Golf Ball's View

Contributed By: Nancy Wingenbach

***I'm a little golf ball  
Round and hard,  
When you try to hit me,  
Best do it right or  
The numbers go up  
on your card!***

This is my story, and this is my view of a day on the course. Long ago, my brothers and sisters were carefully packed into the Bridgestone labeled box -you know, the tournament at Firestone where Tiger and the other greats play - I was ready for the 2020 event, all snuggled into the sleeve, hoping that one of the greats would take me. Being with one of the greats makes my golfing life a vacation as they use me well with long hard rides and soft, direct putts. However, some dreadful thing called "COVID" put off the tournament. So, my family- brothers, sisters, aunts, uncles, etc. all were separated out and sent out to multiple courses to be sold indiscriminately to golfers.

I "landed" on Fripp Island at the Ocean Point golf course. Looked like a great place to be. I thought my golfing life was off to a wonderful start. A tall, slim, soft-spoken woman, dressed immaculately in matched golfing clothes and shoes, picked up my home and placed all of us into her golf bag. There we found

distant relatives who shared that rarely were any of us lost in the rough woods or ponds. She was a good golfer and she often telegraphed through her club exactly where the ball, sitting on the tee, was to go. Yea!! Her fingers surrounded me and lifted me up to see the beautiful green of the tee. I settled restfully on the tee, ready to serve. The club quietly swooshed behind me in her practice swing- good, dean move. I was "dimpled" with excitement expecting to soar. Her club head came up close and I said "Hi" to the middle of the face, slightly open. Slowly the face backed off and up into a full backswing and then dove down straight to me. I felt the smack and lifted off the tee and club to fly up, out, and over many yards to land gently in the middle of the fairway. I knew, even from this distance, that she was smiling. Up until hole 4, things were wonderful. The clubs and I became "one." Then, on hole 4, I rolled up to the edge of the little creek area called the "Nursery." Propped up on a small hill, when the practice swing moved behind me, I slipped a little and rolled down the hill and into the weeds by the nursery and right into the area of "little gators." Though I was not afraid- no alligator eats golf balls - my golfer was afraid, and so I was left behind.

Later that day, I heard a group of women laughing as they hit up to the creek. One, the loudest of the four, sent her ball right into the edge of the weeds where I lay. "Oh, I see it", she said. As she reached for her ball, she saw me. Swiftly she reached down fairly deep into the weeds and, just in time, pulled me up and out. She didn't know that one of the

teenage gators was swimming up to my location and, if it had been faster, could have taken her arm off. I hope stupidity isn't a signal as to her golf game!

She proudly showed off my "Bridgestone" label and put me back in her pocket along with the other ball. It seems she and her friends had been doing a little nipping each time one made a good shot. Well, the situation doesn't look good, and then when I heard her shout, "Oh shoot, there it goes in the water," I knew I was in for a long few holes.

This player took me out of her pocket to use for putting out on hole 4. At least, she seemed to have a gentle stroke but not such good direction. I tried to get to the hole, but it was out of reach. Suddenly, she picked me up, and with a running commentary about having to stop counting at 9 (she really already had 9 coming up to the gator nursery), we moved to hole 5. She placed me on the tee, and I prayed for a good hit - at least over the pond. Luckily, not skill, she made a good swing, and I flew over the water to land on the edge of the green. Oh, a par three. Maybe I got lucky and she is going to play well. Too bad that gentle stroke of the last hole was no more. I rolled up the small hill, right past the pen and over the green. Once more, I felt so unlucky. I will really be tired by the end of this round, the way she plays. I never know how the club is going to come down on me. At least I only have 4 more holes after this!

As she teed up for the 5th hole, I found I liked the martini tee she had, nice, large comfortable. I was happy until the heel of her club smacked me up and over into the nice, cool grass on the right. I burrowed in hoping not

to be found. Hee, Hee, I was not as I heard her say, "Oh well {or was it Oh hell), a found ball can be a lost ball. For two days, I rested in that grass. Suddenly, as I dosed, a warm hand circled my middle and lifted me up. It was my first friend on Fripp. She put me in her golf bag where again, I saw my relatives. You see, she doesn't often lose her golf balls and knows where the poorer golfers hit. So, she takes her time, looking for other bad hits. That day, I rode the last 3.5 holes in her bag.

Since then, I have come to know Ocean Point, its hills and valleys, the greens and the tees, the fairways and the rough. My slim owner takes me out occasionally, but she is fair-minded and gives all a chance to react to her wonderful clubs.

# Fripp Island Men's Golf Association

*Contributed By: Mike Murphy*

Are you new to The Island?

Are you starting to spend more time on Fripp or just looking for a golf game and looking to meet new people on the golf course?

The MGA is the Golf Association for Fripp Island. All Rounds are played at the Ocean Point and Ocean Creek Courses. Each course is rotated on a monthly basis. Example: The month of January 2021 is being played at Ocean Creek then we will play Ocean Point in February. And alternate monthly throughout the year.

You will be paired with other golfers in threesomes or foursomes, depending on the number of players signed up. Pairing is random, with groups usually having an A player, B player, C player, and D player based on Handicap. You don't have to be a single-digit golfer to play. Just have fun.

MGA plays every Monday. Formats vary: 2 net best balls; 1 gross and 1 net scores; Powerball; Bear Creek; Flags; Flighted individual stroke play and Stableford; Lone Ranger; Odd/Even holes, etc.

It may sound complicated, but it really isn't. Basically, for the most part you are playing golf in a team format using while your handicap. We are always looking for new and fun formats as well.

We have tournaments with partners and teams. During normal times (pre-Covid) we have lunches and beverages after golf during the tournament or special occasions.

On a regular Monday, the cost is \$6 /a player and is charged to your Resort account. Should you win the prize money, for the day, it is credited to your account as a Prop-Shop credit.

## ***How do you qualify to join?***

Everyone who is a member of the Fripp Island Resort Club in good standing as a golfing member is eligible to join the MGA.

Yearly dues to be a member of the MGA is \$25.00/year.

Schedule of events and tees times for MGA is posted on Fore Tees.

## ***How do I sign up?***

Go to either FIR Pro Shop, and they can sign you up for Fore Tees. If you are a full golf member, your name already should be in the system.

You can pay the \$25 dues for 2021 one of two ways:

Option one is to visit Ocean Creek and make a check out to MGA for \$25 and put it into the MGA Dues box inside the Prop Shop by the TV.

Option two is to contact the Treasurer, Mike Murphy, and pay him directly. It's that easy. Any questions, send an email to: [mmurphy@turnermurphy.com](mailto:mmurphy@turnermurphy.com)

Looking forward to welcoming new members and seeing you at the golf course.

MGA Board: Mike Kamradt, Mike Murphy, Dave Stuart; Ed Wetzel

# Men's Nine Hole Golf League

*Contributed By: Mike Wilt*

Like everyone and everything the nine-hole men's group has been affected by the ongoing pandemic as the number of golfers has decreased. However, the group offers an opportunity for people to play just nine holes in a shorter time commitment than the 18-hole leagues in a fun environment. Perhaps more importantly it provides an opportunity to get outside, get some exercise and turn off the world events for a while. If you have been thinking about joining the group, now is a great time. At this point there are no special events or tournaments planned due to the pandemic.

The group experienced a wide variety of weather during November and December, but managed to play nine out of ten Wednesdays, only losing out once to cold weather and another first delay for an hour. Games during this two-month time frame were Team Stableford, One Low Net One Low gross, Two Low Net, Powerball and Reverse Bear Creek.

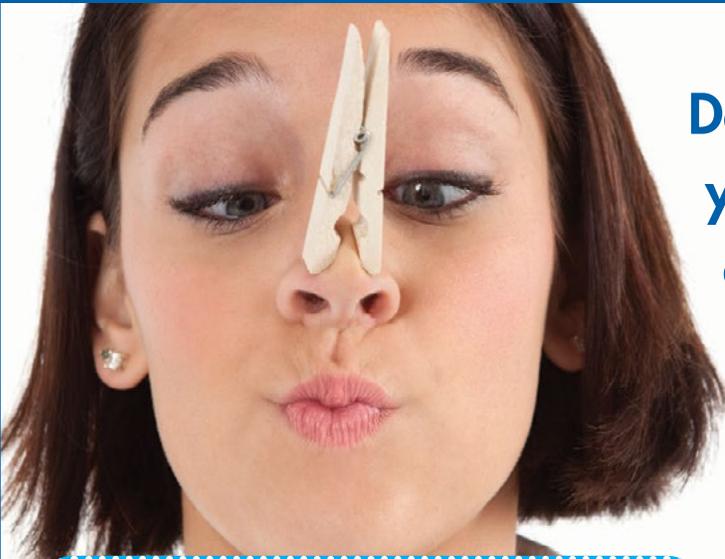
Frank Golden and Perminder Bindra tied for the lead as they were on a winning team four times each, followed by Ken Anton and Jim Click three times. Winning twice were Ed Smith, Mike Virostek, Bob Smith, Richard Ward and Steve Schnobrich, while Joe Sullivan, Duffy Howard, Don Brink, Jim Wolbrink, Bob Nulton, Don Dashiell and Rick Stein each won once. Closest to the pin were Jim Click and Bob Smith twice each and Mike Wilt, Jim Wolbrink, Frank Golden, Richard Ward and Joe Sullivan once each.

The group will play at Ocean Point in February. There are 40 members of the group currently that has an annual dues of only \$15 per year. The Foretees website is being used for the men's nine-hole group and you need to register before noon on any Tuesday before the Wednesday event. To sign up to play every Wednesday morning go to the website at:

<http://web.foretees.com/frippislandresort/>



# NEW YEAR... SAME OLD WATER!



Don't you think the water in your home should taste, smell and feel great every day?

Get your choice of a Culligan® System

CALL TODAY TO SCHEDULE A  
**FREE In-Home  
Water Consultation!**

FOR ONLY **\$29** PER MO.

Limited time offer.  
Dealer participation  
may vary.

## Culligan Water™

**843-595-8203** **CulliganHHI.com**

### DO YOU VISIT THE FIPOA WEBSITE?

[www.frippislandliving.com](http://www.frippislandliving.com)

If you do not have a user name and password, send an email to [contact@frippislandliving.com](mailto:contact@frippislandliving.com) and we will get you set up.

Homeowners can find the following items on the website:

Online forms for vehicle decals and ARB.

GM weekly updates

Board meeting minutes and agendas, governing, financial and covenant documents, hurricane information, Island directory, security information and so much more!





*Fripp Island Marina circa 1970*

## ON THE WATER

*To find the pearls in life's ocean, you have to venture out far past the shore- Unknown*

# A NEW YEAR WITH MANY CHALLENGES BUT GOOD FISHING

*Contributed By: Captain Ralph Goodison*

This has been one of the most difficult years in my 26 years of writing for the Trawler. We are faced with a Tug Of War of a Lifetime. Torn Between Saving Lives and Saving Livelihoods. My hope is God can get us through these difficult times. We are lucky to live on Fripp where the Fripp Island Resort, FIPOA, and our community are pulling together during these difficult times.

This year our Fripp fishing has been good. While we did not have tournaments, the fishing and boating community spent time in our beautiful waters around the island.

**INSHORE:** Fishing was Good with Redfish, Trout, Whiting, Black Drum, and Shark. Flounder improved and night fishing for large Hammerhead and Lemon sharks were good, also a good year for Tarpon.

**NEARSHORE:** Fripp Reef, Drydock, 6HI, were Good with Black bass Trigger, Grunt, Barracuda, Cobia, and a surprise Kingfish. Slow this year Spanish and Bluefish.

**OFFSHORE/STREAM:** Spring, a Good year for Wahoo and Dolphin. One of the best years for Kingfish while fair catches of Tuna and Sailfish, and White Marlin.

A good crab season, but Softshell season was early this year. Humpback Whales and Killer Pigmy Whales visited our shores.

Looking at 2020, it was a good year for fishing and boating; due to the virus, Tournaments and the Fripp Island Yacht Club activities were canceled with the hope next year tournaments and Yacht Club activities will resume.

As I look into my Crystal Ball and SC Department of Natural Resources input; 2021 looks like a good year for our fishing with the hope Spanish and Bluefish will return. Hats off to Lewis Turner, Jeff Pickney, Captain Chuck, and their staff at the Marina for a great job during the pandemic. We are fortunate to have some of the most pristine water on the Atlantic Coast, making our little island a treasure.

"Fripp Island is Not Perfect But Darn Close. ENJOY."



The 40 lbs African Pompano fish is rare to our waters off Fripp.

Captain George on his boat Miss Leia, caught 3 that Christmas day. I was a lucky and I enjoyed some of the eating.

*Captain George caught the fish of the Year.*



A 12 year old young lady caught this over 90 lbs Tarpon with help from Captain George on his boat Miss Leia.



# CAPTIAN RALPH'S WINTER FROGMORE STEW

We all love the holidays' turkey and ham, but how about something different with the "Winter Frogmore Stew?"

Cooking Time: **40 min.**

Serves: **10-12 people**

4 quarts of water  
10 ears of corn cut into 1/3's (frozen ok)  
4 lbs. small red potatoes  
1 onion diced  
2-3 lbs. kielbasa or sausage 2-inch pieces  
\*if you have leftover ham add to the stew.  
5-6 lbs. large shrimp un pealed or (pealed less work)  
1 bag shrimp boil, or 1 cup of Old Bay seasoning  
2 garlic cloves, peeled and cut in half  
4 bay leaves  
Pepper to taste  
1 lb whole mushrooms optional  
6 Crabs optional

## COOKING DIRECTIONS

1. Bring water to boiling with crab boil season
2. Add potatoes, onion, bay leaves, garlic. Cook for 15 min.
3. Add kielbasa, mushrooms. Cook for 5 min.
4. Add corn and cook for 5 min.
5. Add Shrimp, and if you have crabs cook 2-3 min. until pink. Add pepper to taste. Squeeze lemon on top as garnish \*optional.
6. Drain, add contents to a large bowl, refill remaining stew.

*\*The remaining liquid makes good soup stock with leftovers.  
Winter Frogmore Stew ingredients can be cut in half 5- 6 people.*

Enjoy a change this Lowcountry winter, with Frogmore Stew.



## 2020 - 38 YEARS OF SERVICE

In 2020, FISR turned 38 and we remain committed to constant improvement -- for the next call.

Discussed by some of our Crew Members during a December training class was, "How do you deal with a sea rescue crisis in the middle of a significant storm, cold weather and the chaos of conflicting information? Their consensus was, "With determination, professionalism and teamwork."

That's exactly how success is achieved with a volunteer crew, with fierce professionalism. What we have is really good; we can always be better. Perfection may not be achievable, but that's our objective, as individuals and as part of a Regional first response team. That attitude has fueled Fripp Island Sea Rescue since it was formed in 1983.

## RESCUE MISSIONS.

*In 2020 we handled hundreds of calls for water emergencies and launched dozens of rescue Missions. One Search and Rescue Mission in late November required, literally, every hand on deck.*

**November 17th, 4:15 PM.** FISR responded to report of an overturned vessel on Harbor Bank with 2 persons aboard. At about 4:30 PM Fripp R1 found the overturned boat. A commercial fishing boat was nearby and a Coast Guard diver had just checked the overturned hull. As the CG Helo retrieved their diver from the sand bar and headed west, FISR began a search between Harbor Island

and Egg Bank. Just after dark, numerous boats arrived to augment the air and water search from Egg Bank and out into the Atlantic. R1 continued searching the marsh and creeks from the Harbor River Bridge toward Fripp Island. At about 9:00 PM R1 went in for fuel, followed shortly by one of the USCG vessels. Lewis Turner and Fripp Resort staff had already returned to Fripp and opened the fuel dock and Marina store for search crews. Jimmy and Karen Myers were on hand to help with docking and fueling in the dark. Other FISR members were already preparing for the next day.



At dawn on the 18th both shrimpers were still missing. Our crews and both boats launched at 8:30 AM to continue searching. There were still high winds and low temps in the search area. Rescue Base was notified at 11:00 AM, that one man had been found and rescued about 8 nautical miles off Tybee Island.

The search continued on the 19th and a Coast Guard C-130 based in Elizabeth City spotted what later proved to be the body of a second man in the Port Royal Sound area. R1 and R2 continued searching until the Coast Guard in Charleston confirmed to Eric Roberts, on FISR Base Duty, that the Mission was concluded. Alicia Barry, on Base Duty the day before was now on the Marina dock to help with fueling. By 3:15 PM both our boats were back at Fripp Marina, 'Clear and Available' for the next call.

Nearly every FISR crew member on the Island those three days was involved in the search, in support, transporting spare equipment and batteries, or on stand-by in case additional crews were needed. That is real teamwork.

Postscript: On November 30, a Beaufort couple who knew both shrimpers sent an email that read, "A wonderful miracle the 1st shrimper was rescued." We agree, it was a miracle. Fripp Sea Rescue is proud of the part we played in the rescue and recovery of these two men.



TO REPORT A WATER EMERGENCY...CALL 911



## 2021- A BRIGHT FUTURE

Everyone in Sea Rescue is looking forward to the future with enthusiasm. We know there is a lot to do and we are working on it together, with purpose and determination. Here are some things already underway for the year ahead:

*St. Paddy's Golf Tournament, Saturday March 13th: This is the 18th Annual Saint Paddy's Golf Tournament - in Memory of Bill Lyman, longstanding chairman of this event. See our Web or Facebook page for details.*

Training: More face-to-face training, growing FISR social media presence, and more night-time navigation added to the schedule.

## SAFETY EQUIPMENT

The proverbial 'Partridge in a Pear Tree' just wouldn't do on the boats, even on a calm day. When we asked FISR members what they hoped to find on the foredeck this past year a few things rose to the top. A hand-held GPS unit, inflatable Personal Flotation, Crazy Socks (in orange please), warm waterproof gloves, and other warm weather gear. You get the idea.



Since we previously recommended this same gear for your family's personal safety and comfort, update your list today. Once more, may we suggest this top-priority safety gear. Great for those Spring beach outings as well.

- \* That inflatable PFD (Personal Flotation Device) one per family member.
- \* Cold weather gear to include hat, gloves and warm, water-resistant coat.
- \* New apps on your phone for spring boating.
- \* If the pocket book allows, a hand-held VHF radio.

Everybody is getting ready for spring boating. Be sure to get apps loaded in advance and practice using them, 'with enthusiasm'!

*All of us in Fripp Island Sea Rescue wish you safe and marvelous adventures on the water in 2021.*



## RESOURCES:



WeatherBug, Google Maps, Tide, Compass. That's a very good start. Just explore your on-line app store. Pick one you like. Some are multi-featured.



Boating equipment: Beaufort Boat and Dock, Sea Island Marine, West Marine, Butler Marine, and many others are having pre- and post-Holiday sales. Some sales are on-line or visit the store. Happy shopping.

US Coast Guard: Their world-wide site provides news that can be searched and filtered by CG Region. <https://www.news.uscg.mil/>





Fripp Island  
Property Owners Association