

Winter 2025

The Trawler



INSIDE THE FIPOA

- 05 LETTER FROM THE EDITOR
Stacie Thrush

ON THE WATER

- 18 FRIPP ISLAND SEA RESCUE
Mary T. Jacobs
- 26 FISHING ON FRIPP ISLAND
Captain Ralph Goodison

NATURE & FRIPP

- 04 FRIPP AUDUBON CLUB
John Wellborn

AROUND THE ISLAND

- 07 ROMEO MEN'S LUNCH
Bart Lehman
- 08 WOMEN'S GOLF ASSOCIATION
Ann Lyman
- 14 FRIPP ISLAND COMMUNITY CENTRE
Barb Anton
- 16 FRIPP ISLAND FRIENDS OF MUSIC
Margit Resch
- 20 ST HELENA CHURCH AT FRIPP ISLAND
Chris Assaf
- 22 CHILDREN'S CORNER WITH MJ
Mary T. Jacobs
- 24 WOMEN'S CLUB
Penni Skiba
- 30 CAPTAIN RALPH'S COOKING CORNER
Captain Ralph Goodison
- 31 FRIPP ISLAND WOMEN'S CLUB
Flo Kamradt

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The Trawler

WINTER 2025

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Fripp Audubon Club

Submitted by John Wellborn

The birding season is well underway, and Fripp Audubon activities are in full swing. Through December we have hosted 4 outings, 3 lectures, 2 school events and concluded the year with the Christmas Bird Count.

Our outings continue in their popularity with most fully subscribed. So far this season we have had 78 participants. For calendar year 2024 the total was 174. This compares to 134 and to 181 in the previous two years.

Thanks to technology and the phone apps they enable (Merlin, eBird, Sibley's etc.) the number of species being recorded at our outings is going up. We recorded 20 more species in 2024 than 2023.

Christmas Bird Count

The CBC celebrated its 125th anniversary in 2024. While the interest in our club outings continues to be strong, we are increasingly challenged with CBC participation. This year, 45 people joined the field surveys. This was down from 54 in 2023 and near 80 pre-covid. The good news is that the number of "Back Yard Birders" increased to 39 from 20. It seems we have more interest than energy.

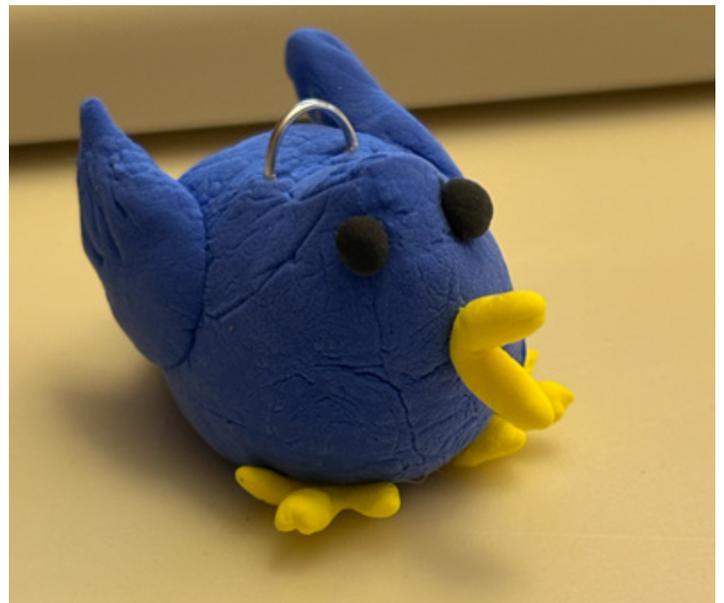
While field participation was down, the actual hours in the field were similar. The result is that we had 135 species this year which matches the number of species reported in 2023.

The organization of the Christmas Bird Count is a tremendous effort. Our participation would not be possible without the dedication of a group of our top Beaufort County birders who undertake the arduous task of compiling the results of all the lists submitted during the CBC window. So, thank you to our compilers (official title): Jake Zadik, Juliana Smith, Chris Marsh, and Buddy Campbell. (Buddy is also leading the next outing to the Savannah Wildlife Refuge.)

One of our goals for the next CBC is to increase the number of people who participate in the field surveys. How can you help? We will talk more in the fall, but all levels of experience are appreciated. To be continued....

Fripp Audubon in the Schools

Kathy Agee led a group to Beaufort and Port Royal Elementary schools in December. Eight volunteers helped 3rd and 4th grade students create holiday themed bird crafts. Clay birds and Snowy Owls were the order of the day.



The program will continue next month with Owl pellets. Students, teaching staff and volunteers will dissect and discuss the contents of owl pellets.

We look forward to seeing you at our next events:

- January 15, outing to the Savannah Wildlife Refuge
- January 23, "Ten Eyck" series, Kimberly Ritchie, USC Beaufort

You can catch-up on all of our programs and events at our web site <https://frippaudubonclub.org>
Happy Birding!

a letter from the editor

I'm no stranger to winter with plenty of snow, the occasional ice, and brutally cold temps that can dip to the single digits or even below zero. Those winters that come with living in a higher elevation of the country, or as they say, "up north."

It's amazing how quickly one can become acclimated to a different type of winter. During my first winter here, I remember some thinking I was crazy for not wearing a jacket when the temperature dropped below 50 degrees. You best believe I wear a coat in 50 degrees now!

As I write this, a winter storm is affecting several states with lots of ice and snow. I've gotten a lot of pictures from back home in West Virginia, and it's so beautiful from afar, but I truly don't miss the anxiety that comes with trying to anticipate how to navigate life around those storms. You really haven't lived until you have had to do the foot slide test on your driveway to see just how slippery and icy the roadways may be.

Even living where there's snow, it was only beautiful and magical around Christmas time. Once Christmas was over, I was ready for spring, but unfortunately, winter was just getting started.

I remember several incidents with ice and snow, one of which was landing in my neighbor's yard backward because I hadn't learned the rule of not locking up the brakes.

It has been cold here lately, but I remind myself of what I could be dealing with, and suddenly, it's not so bad. After all, a mild winter is just one of the many things I love about our home here!

Stacie





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ROMEIO

MEN'S LUNCH CLUB

Fripp Island ROMEIO Men's Lunch Club for fellowship
at a Casual, Catered Lunch with Noteworthy Special Guests

Contributed by Bart Lehman

The assembly is at 11:30 a.m., and lunch is only \$15 (CASH ONLY), including a drink, served at Noon. Adult beverages are available for a \$2 donation (CASH ONLY). Email users attending ...Reply back with how many attending (including friends) We now have 23 members using TeamReach! Select YES or NO for Attendance

For email addition or removal, please email: FrippROMEIO@gmail.com. We prefer you to use the TeamReach app to reduce the workload as that is our primary method of attendance selection. We also send notices thru the FIPOA (and email as needed). TeamReach - Team Management Simplified Please join the group, Fripp Island Romeo in TeamReach app on both Apple IOS and Google stores. Download & install the free app, create login information, enter the group code: **FrippROMEIO24** for Fripp Romeo in the code box at the top. Meeting dates and times (schedule icon):

Select your attendance by checking: Yes or No Add the date/time to your personal calendar selecting: + calendar (at bottom of screen)

Install TeamReach on iPhone : <https://apps.apple.com/us/app/teamreach-team-management/id1101253705>
Install TeamReach on Android : <https://play.google.com/store/apps/details?id=com.teamreach.app>

ROMEIO hosts a monthly Special Guests.
2024-2025 Guest Speaker Schedule

| | |
|--------|--|
| Jan 21 | Kevin Anton Miracle on the Hudson Experience |
| Feb 25 | Zabo McCants Hunting Island State Park |
| Mar 25 | Margit Resch The Life of Seashells and other Beach Creatures |



FRIPP ISLAND WOMEN'S GOLF ASSOCIATION

Fripp Islands Women's Golf Association (FIWGA) is just starting our new season and would like to invite all Women golfers to join us.

The FIWGA is a fun group of ladies that meet every Tuesday to play 18 holes of golf and have a lot of laughs. We play on both Fripp's courses throughout the year and occasionally play at

other local clubs as well. We have members that live on Fripp full time and part-time, and even members that only visit occasionally. Our members range in ability from single digit handicappers to those carrying a 40+ handicap, our games are organized to be fun for all, and a great way to make new friends and meet your neighbors!

Some of the upcoming events for the Winter/Spring season are listed below. Please come out and join us.

The first Tuesday of every month we compete for the honor of Queen, which is a low net/gross play.

Feb 13 – Galentine Tournament with our 9 hole ladies

March 11th – Canada Day with our neighbors to the North

Battle of the Sexes in April and also the Coastal Cup with Dataw.

The FIWGA is open to all women resort members, and the cost to join our group is just \$60. The money is used for weekly prizes, happy hours, and tournaments. If you are interested in joining our group please contact Allison Baker at 313-300-9060 or taka43@comcast.net.



Come join us soon!

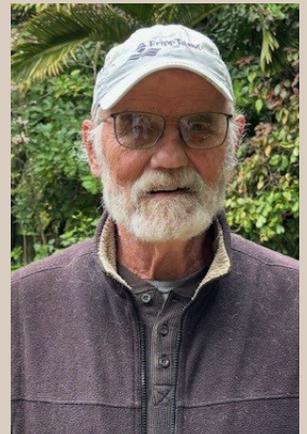
Article and photos submitted by Ann Lyman

FIPOA

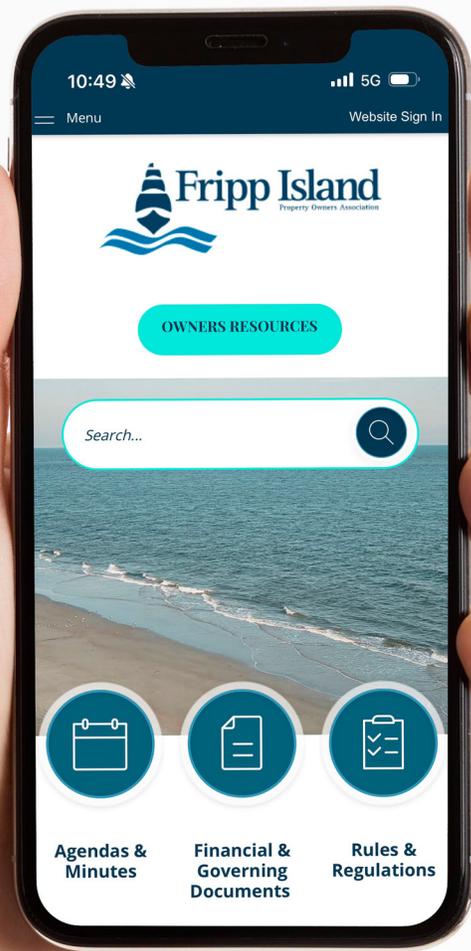


WELCOME NEW BOARD MEMBERS

Thank you to everyone in the community who voted in this past Board of Directors election. We'd also like to thank all of the nominees for their willingness to support our island by doing all the hard work of a candidate. We would like to officially welcome Tom Rubenstein, Gayla Thomas, and Claude "Skip" Shriver class of 2027. Welcome Barry Hassett and Cary Tolley as the newly elected directors for the class of 2026.



SEE THE NEW MOBILE- FRIENDLY DESIGN!



Featuring easier navigation, an all new Community Calendar and blog pages for news and information. [See it now at FrippIslandLiving.com!](http://FrippIslandLiving.com)

Love to write? Share your stories, photos or ideas for The Trawler.

Send your submissions for consideration to the Editor:
communications@frippislandliving.com

2025 Trawler Schedule and Deadlines

Issue and Release Date Article Deadline

Spring I (March 2025) - Due Date Thursday 2/20/25

Spring II (May 2025) - Due Date Thursday 4/24/25

Summer (July 2025) - Due Date Thursday 6/26/25

Fall (September 2025) - Due Date Thursday 8/28/25

Holiday Issue (December 2025) - Due Date Thursday 11/27/25





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For real estate assistance please contact:

Charles Patty, Listing Agent/Sales Agent/Broker
FRIPP ISLAND REAL ESTATE COMPANY

Telephone: 843-597-1170; email: charlesp@frippislandrealestate.com

If your property is listed with another Realtor, this is not a solicitation.



Be a Volunteer

FRIPP ISLAND SEA RESCUE

HELP WANTED – KIND & SERVICE ORIENTED FRIPP ISLANDERS LOOKING FOR REWARDING COMMUNITY SERVICE OPPORTUNITY IN 2025

Consider volunteering with Fripp Sea Island Rescue (FISR). FISR assists those in distress on the waters surrounding Fripp Island and its neighboring barrier islands. Boating skills a plus. Training provided. If interested in learning more, please contact us at FRIPPISLANDSEARESCUE@GMAIL.COM ; or call or text Harold Waller at 404-668-4774.

COMMUNITY CENTRE

Submitted by Barb Anton

The Community Centre is your community base site to enjoy for all of us who live on Fripp. There are various classes of Aerobics, Fitness, Move to the Groove Dance group, Yoga, Chair Yoga, Mah Jong, Bridge, Community Organizations, ROMEO, Community Dinners, Women's Club and of course meetings of various Boards for Community Organizations.

There is a weekly service in the chapel on Wednesday afternoons lead by various religious clergy from local Churches and synagogues. These are solemn programs of song and prayers.

The Centre also has a wonderful Library, full of gently used books for all to borrow. The library is open Monday -Friday, you can select books for as long as you need for \$.25! There are also puzzles, videos and books for children of all ages.

Periodically, throughout the year on Tuesdays and Fridays at 4:30 BINGO is held at the Centre. This is a community fund raising program to help the Community Centre and to help our residents have fun playing bingo. Many like bingo, as the winners get cash prizes!! [For a complete list of the bingo dates check the Community Centre website.](#)



The Community Centre is continuing to have Fripp residents reserve the Centre for private parties, meetings, board events and meals. Monthly, the Centre is used for a community dinner where you can sign up for a tasty meal and time to meet new and renewed friendships.

The chapel is also used for many activities. In 2025 there are weddings scheduled in the Chapel. The Chapel is also used as a Rain(weather) Hold for weddings as well as Church on the Beach uses the Chapel for weather related services.

Also, throughout the year Friends of Music Concerts are held in the Chapel with a reception in the collocated Hammet Hall. One of the special services and options is The Columbarium. This is a reserved area, near the Community Centre, for people to remain on Fripp after they have passed away. This is a special place for members or family members cremated remains are placed forever. This is a place of honor and remembrance for all.

The Community Centre has a website. If you are interested in learning more about the Centre visit the site - frippcc.org

The Community Centre is a 501 C 3 organization run primarily by volunteers who devote their time

and energy to the Enrichment of the Fripp Community. The Bylaws state that the Community Center is a place to ' further the religious, spiritual and cultural growth of Fripp Island.

The Centre is in their Annual Fund-raising month. The Centre is run and managed by volunteers and the funds raised are going to keep the Centre open and operating. If you would like to donate to this wonderful organization, please send this donation to the Centre at 205 Tarpon Blvd. [Find the pledge form here.](#)

Our goal for 2025 is \$60,000. This is a large undertaking, as the needs of the Centre continue to grow as there are many needs to just maintain our building as well as expenses to ensure our members are safe and happy. This year we need to spend time upgrading the fire suppression system to maintain the safety of all those who use the Centre.

We also need to enhance the Chapel's microphone system. All donations are tax deductible, and you will be able to see and experience your financial contributions.

As always if you have any questions or an idea for a new activity or celebrations, please feel free to contact Barb Anton at boreillyanton@outlook.com.



South for Winter, A Musical Heart-Warmer by Margit Resch

Have you ever met someone you did not know on the roof of a building? You read this right: on a roof. Even a roofer would probably say: No, of course not. What a weird question. Well, you need to come to Fripp Island's Friends of Music's next concert on January 12, 2025. There, you will hear and, at the reception after the concert, meet Nick Stone from New Zealand and Dani Cichon from Colorado Springs, Colorado, who, believe it or not, met in 2014 in Peru on the roof of a greenhouse that they were helping to build as young volunteers. And there, on the rooftop, Nick and Dani began getting to know each other. They found out that they were both passionate musicians, he playing the guitar, she the mandolin, both singers and songwriters; and so they started jamming together. On the rooftop! The first song they sang there together was "Falling Slowly," with the clairvoyant lyrics: "I don't know you, but I want you all the

more for that." Dani remembers thinking: "OK, our voices blend really well together. There's something really magical here." The two even wrote, played and sung their very own song there, on the rooftop, called "Fallen Seeds," which would turn out to be their first single of many more to come.

After several years of pursuing musical careers in their respective home country, on opposite sides of the world, Nick and Dani reconnected and performed publicly as a duo in Christchurch, New Zealand, developing their characteristic blend of dark, bluesy ballads and dreamy, harmony-filled duets. In 2017, Nick united with Dani in Nashville, Tennessee, where she had earned a degree in nursing, and where they met Alex Stradal from Michigan, a cellist, who had already made a name for himself by playing in the legendary Ryman Auditorium, and who joined the duo, adding classically-trained strings to its blend of storytelling lyrics and genre-defying instrumentation. That was the birth of the trio South for Winter.

And, yes, you guessed it: Nick and Dani did get married, in April 2019. Of course, they wrote and performed a wedding song, which unfolds the petals of the beautiful Colorado wildflower called aster and makes New Zealand's iconic bellbird sing, treasured for its melodious voice: "How the mountain loves the moon, how the asters love to bloom, how the bellbird loves to sing. I love you more than all those things."

But Nick and Dani's marriage is not the only happy ending. The trio's relationship and musical endeavors blossomed, too. In spite of their demanding day jobs (Dani as a intensive care unit nurse, Nick as a bar tender, and Alex as a temp in a dialysis center), they began touring and putting South for Winter on the map.

South for Winter's eclectic blend of instrumentation and vocals, their songs, unique and intriguing both musically and lyrically and described as "folk-blues," "roots," or "Renaissance," soon caught the attention of the music scene worldwide. "With meticulously crafted lyrics, captivating natural charisma, and an impressive assortment of instruments at their command, South for Winter have time and time again established themselves as a crowd favorite." Their website, quoted here, is not exaggerating. The many shows the trio has performed every year around the United States, in Canada, New Zealand and all over Europe have always been selling out, bringing audiences to their feet and reviewers to reach for their most glowing terms.

American Songwriter praises the trio's music as "laden with delicate harmonies, intricate guitar-work, and

earthy vocals... impeccable sound." Grateful Web finds them "eclectic in the best sense of the word," and AmericanaUK describes the audience's experience as an "ethereal, dreamy, journey...a journey well-worth taking." The list of local and international festivals, competitions, award ceremonies and nominations, in which the trio occupied a major presence, is impressive, but too long to quote here.

According to Nashville's Gazette, the band usually travels modestly in a van which they converted into a "tiny home situation." They generally spend the night in a Walmart parking lot or at a campsite. But on Fripp Island, they will reside in a real home, most likely quite luxuriously, with easy access to the island's beautiful beach.

South for Winter will perform on Sunday, January 12, at 5:00 pm in the Fripp Island Community Centre, 205 Tarpon Boulevard. The concert is presented by Fripp Island Friends of Music and supported by the SC Arts Commission. Attendees get a free pass at the Fripp gate. Tickets at the door: adults \$30 and free for students, thanks to the Peg Gorham Memorial Fund. You are invited to join the musicians at a complimentary reception after the performance, catered deliciously by Harold's Chef Services. Do you have questions? Do you want to become a member of FIFOM to save money on tickets and support FIFOM's missions? Email or text Vanessa Peñaherrera at vandy116@gmail.com or (704) 807-0255. And go to frippfriendsofmusic.com for information about our upcoming concerts.

Fripp Island Sea Rescue

Mary T. Jacobs, Communications Officer

HAPPY NEW YEAR FROM FRIPP ISLAND SEA RESCUE!

As many of you are aware, Fripp Island Sea Rescue (FISR) assists those in distress on the waters surrounding Fripp Island and its neighboring barrier islands. FISR is a one-hundred percent volunteer organization made up of Fripp Island residents. In addition to responding to distress calls, FISR also participates in many service projects throughout the year. One such project we are honored to participate in is the Annual Pelican Plunge held at Hunting Island. The Pelican Plunge is an event held on January 1st of each year. Registration fees and other funds raised for this event help support preservation efforts in the park and sea turtles.



The festivities begin at 12:00 PM with food trucks, entertainment, costume parades, prizes, and t-shirts marking the event. The culmination of the event is the actual Plunge, which takes place at 1:00 PM. About 200 people - young and old -

started the New Year fresh with a dip in the Atlantic. This year, there were about 200 folks that decided the plunge into the 53-degree water was a great way to begin the New Year! Many opted for the hot cocoa after they ran into the 53° water.



FISR members and vessels were watching out in front of the Hunting Island Lighthouse to ensure safety for all participants. Special thanks to FISR members Jimmy Myers, Harold Waller, Gary Tiller and Dan Cotter who manned Rescue One and Rescue Two for this special event.



This time of year, is an important period for FISR to recruit new members. Since our call volume and service work is typically lower this time of year, it's ideal for training new members. So, if your New

Year's Resolutions include finding a service opportunity, consider volunteering with Fripp Sea Island Rescue (FISR). Boating skills are a plus and training is provided. If interested in learning more, please contact us at FRIPPISLANDSEARESCUE@GMAIL.COM ; or call or text Harold Waller at 404-668-4774.

It's almost time for the 22nd annual St. Paddy's Golf Tournament and Auction, hosted by Fripp Island Golf & Beach Resort. Each year, all proceeds are split between Fripp Island Sea Rescue and Beaufort Water Search & Rescue, the two all-volunteer water search and rescue organizations in Beaufort County SC. There are many ways for you to help us continue to provide these lifesaving services. These include sponsoring the event, donating to the cause, bidding on auction items, or donating golfer swag and prizes. For more information, please visit our newly enhanced website at birdease.com/marinerescue .

Fripp Island Sea Rescue is deeply grateful for the support it receives from the community. To volunteer, donate, or just learn more about FISR, visit us on Facebook at www.facebook.com/FrippIslandSeaRescue/ or on the web at www.fisearescue.org .



St. Helena's Church at Fripp Island

As 2025 begins, many of us find ourselves making resolutions or setting goals for a new year. If you would like to grow in your faith this year, we would like to support you. This can be a general goal or more specific. We offer several options.

1. **WORSHIP** – We gather each Sunday at 9am in the Fripp Island All Faiths Chapel. Our casual service includes prayer, scripture, hymns and a sermon.
2. **SMALL GROUPS** – If you are interested in deepening your understanding of scripture, we have several small groups which meet weekly to study and discuss God's word. You can choose from female, male or co-ed groups. Wherever you feel most comfortable, you are most welcome.



3. **OUTREACH** – Engaging in acts of service and charity often bring us closer to God. Our Care team serves Fripp Islanders with meals, transportation, storm preparation and compassionate care. We also have many mission opportunities with St. Helena's elementary and the St. Francis Center.



If this is the year you commit to spiritual growth, we would love to help. For questions or more information, please contact Reverend Todd Simonis at tsimonis@sthelenas1712.or or 843-522-1712.





Fripp Island Ladies Nine Hole Golf

**Come join a fun group of ladies
Beginners are welcome**

Schedule:

Tuesday: play your own game

Thursday: tournament play with a

Different game weekly

Often meet for lunch after play

Yearly luncheon

Prizes awarded

Alternate play on Ocean Creek

and Ocean Point course

Yearly dues: \$35

Can join anytime

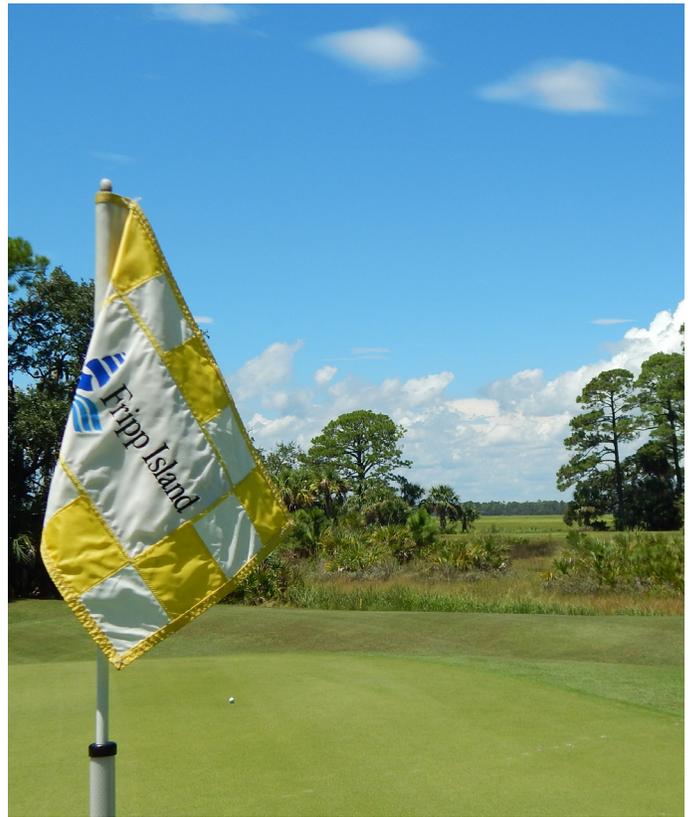
For Info Contact:

Deb Tucker:

kdtucker744@gmail.com

Debbie Perrone:

debbieperrone.perrone@gmail.com





Children's Corner

by
Mary T. Jacobs

Character Building Words and Goal Setting

January, 2025

Quote of the month:

“The most wasted of all days is one without laughter.”

By: E.E. Cummings

In the next two articles I will be discussing character words. I will share how to teach the words and to understand them. Hopefully, you and your parents will refer to these words throughout 2025!

There are 109 words that describe character.

First, I will define character. Character is the overall mental and moral qualities of an individual. This includes their basic personality, talents and habits.

Parents, please do the following.

- Use an index card to write the words and post them on the refrigerator once a week. Then the next week add another word to the refrigerator, but review the other words as well.
- Ask your child to draw what the word means
- Name a person or persons they think the word describes

Let's now move to the letters K, L and M.

1. Kind: Having or showing a friendly, generous, and considerate nature.

Write your sentence on the back of the index card.

2. Logical: According to the rules of logic you use past information to describe the new information or situation.

Write your sentence on the back of the index card.

3. Modest: Unassuming or moderate in the estimation of one's abilities or achievements.

Write your sentence on the back of the index cards.

Learning together around the dinner table!

I would like for you to discuss the following areas of your life and decide on what goals you all should set for 2025!

- Physical:
- Examples: Riding your bike at least three days a week.

- Social:
- Examples: Call friends and relatives more or make sure you talk with a person at school that seems to all alone.

Discuss with your family at the dinner table and then make a list of goals for the family to work on together. This can be a fun activity.

Enjoy 2025 and especially January! Stay warm!

Fripp Island
WOMEN'S CLUB

Promoting Friendship, Philanthropy, and Fun

The Fripp Island Women's Club enjoyed a fantastic Christmas performance by Encore, a local quartet. The quartet, which included Fripp Islander, Brooke Pearson, led the women in a wonderful singalong as well. The delicious brunch was catered by Harry, of Harold's Chef Services. Thank you Encore and Harry.

The Womens Club thanks all those who donated to the **Born to Read** children's program. Frippers donated \$470 and 183 books. Thank you, Mary Jacobs, Fripp Island author, for your generous book donations and thank you Linda Ball and Sheila Tindell for coordinating this drive.

The Women's Club looks forward to seeing you in 2025 for friendship, fun and philanthropy.





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Captain Ralph's

FISHING REPORT

By Captain Ralph Goodison

The weather may be cold, but the fishing is good. Yes, the weather may be cold but if you are catching fish it warms you up. Nearshore has been hot with Black Drum and Sheepshead.

Inshore fishing has been good, but offshore and stream, not many reports. Don't forget the marina store has great deli sandwiches and great hot soups and coffee.

FISHING REPORT:

INSHORE: Slowed a bit but Black Bass, Black Drum, Sheepshead a few Trout, Flounder, Croaker and Shark. Wardles Landing, Maxwell Bridge and South end of the Island offshore ocean and inshore creek, (during in coming tide) fishing is slow but offers the convenience of easy warmer fishing,

NEARSHORE: Best bet Fripp Reef, Drydock/Tire Reef, 6HI Good catches of Black Drum, Sheepshead, still being caught, Trigger fish, Redfish and Trout.

OFFSHORE: Not many reports but Wahoo, Blackfinn Tuna and Kingfish are still being caught in deep water and the stream.



Cold weather catches Redfish in the inlet on Miss Lia 11. Good eating ahead. The kids had a ball with Captain George on Miss Lia 11.

It may be winter but the Marina Staff are planning for the New Year for the Marina, Excursions, Marina Store and Deli and Rent a Center. Lewis Turner, Jeff Pickney and Nickie Roper have announced the Fripp Island Fishing Tournaments:

May - The Fripp Island Annual Memorial 2-Day Fishing Tournament
The Labor Day Annual 2-day Kingfish Tournament
A Fall Inshore Tournament
The Annual Thanksgiving Kids Fishing Tournament.

Fripp Island has been known as a treasure on the Atlantic Coast with great golf, tennis, pickleball, restaurants, pools, 4 miles of beach and pristine treasure of back waters and some of the best fishing on the Atlantic Coast.

(FRIPP ISLAND IS NOT PERFECT BUT DARN CLOSE)



She not only caught the Sheephead, she is planning to cook and eat it. The weather may be cold, but this little fisherman is happy fishing with dad. What could be better than Mom and Dad fishing? Wonder who cleans, who cooks and who eats? Does it get any better than the family fishing? Yes. Catching plenty of fish on Fripp and thn having good eating.

Deck the Tree Contest Winners



Coastal Tree Category

1st Place Winner: Judy Kilgore
(Pictured Above)

2nd Place Winner: Julie Kay
(top right)

3rd Place Winner: Annie Gray
(bottom right)

Deck the Tree Contest Winners



Traditional Tree Category

1st Place Winner: Craig Karriker
(Pictured Above)

2nd Place Winner:
Brian & Lori Shillingburg
(top right)

3rd Place Winner: Carol Peterson
(bottom right)

CAPTAIN RALPH'S COOKING CORNER

CHICKEN NOODLE CORN SOUP

This is one of Captain Ralph's favorite cold weather meals that is economical and delicious.

INGREDIENTS

1. Cooked Chicken (either Publix or Walmart cooked chicken around \$10:00-\$12:00).
2. Big cooking pot adding 3+ quarts of water
3. 1 cup of carrots either small or chopped, 3/4 cup chopped celery, 1 cup chopped onions
4. 1/2 chopped garlic bulb or powder, pepper, parsley fresh or dried,
5. Chicken bouillon, powder or cubes, Knorr or your preference.
6. 3 cups large egg noodles, 1 small can of whole kernel corn

COOKING DIRECTIONS

1. Add water to the cooling pot and bring to a low boil
2. Add carrots, celery, and onions garlic, pepper, parsley
3. Add chicken bullion to water (chicken taste to water)
4. In a side pot boiling water cook egg noodles to cooked and drain.
5. Back to the large pot with cooked ingredients, add whole chicken.
6. Cook chicken for 5 minutes and remove to cool.
7. Remove chicken meat from bones and skin. Add meat back to the soup. You may keep a part or all of the breast meat for a chicken salad or another meal.
8. Add canned corn to soup and cook for 10 Minutes.
9. Add salt and pepper to taste and get ready for a great healthy hearty soup.

You now have over a gallon of great soup. Freeze 3 quarts and enjoy the left overs for a great dinner.

ENJOY THIS SOUP YOU MADE IT AND IT IS YUM YUM GOOD

Frippers Do It Again!

2024 Pat Conroy “Water is Wide” Scholarship Winners:

Since 2017: **Fourteen Older Adult Students** from TCL and USCB have received over \$25,000 in donations to further their education.

A Huge Thank You to All Frippers who have continued this Legacy!



Stephanie Marlow
TCL Nursing Student

“She is extremely hard working, provides exceptional patient care as a CNA and now a Nurse Extern” Hilton Head Hospital RN Nurse Manager



Tymecca Sawyer
TCL Nursing Student

Tymecca will graduate May, 2025 with an Associates Nursing Degree. Her instructor stated: “She maintains a positive attitude and serves as a role model for her peers”



Angela Thomas
TCL Business Administration

Her instructor wrote: “Angela is the type of student who reflects the academic discipline and aptitude that will allow her to succeed.”

Photo
Not
Available

Valentina Sorio (not pictured)
TCL Surgical Assistant AA Degree
Valentina will graduate in May.” Her incredible resilience and hard work will make an impact on her patients.”



Fripp Island
Property Owners Association